

## Healthy Kids Act Physical Activity Record

In 2008 the Iowa Legislature enacted the Healthy Kids Act, requiring schools to document that students in grades 6-12 get a minimum of 2 hours of physical activity per week during the school year.

Note: This is NOT the COMPASS Physical Education contract.

Please fill out the record below, sign (both student and parent/guardian) and return this form to COMPASS. Please call 730-3620 with any questions.

Name of student \_\_\_\_\_

Grade \_\_\_\_\_

Activities student will be involved in during the school year:

<b>Activity</b>	<b>Estimated hours/week</b>	<b>Quarter</b>
Physical Education	_____	_____
Work	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____

Student signature \_\_\_\_\_ Date \_\_\_\_\_

Parent/guardian signature \_\_\_\_\_ Date \_\_\_\_\_

Program Administrator signature \_\_\_\_\_ Date \_\_\_\_\_