Co- and Extra-Curricular Philosophy: (Per Board Policy 502.5-R2)
We believe the Linn-Mar Co- and Extra-Curricular Program is an extension of a balanced educational program that allows students the opportunity to apply knowledge and skills learned in school to real life situations. It is through this interaction and systematic guidance of students in their everyday environments that we can provide first-hand experiences, test their skills, provide successes, and offer an effective means to prepare students for total growth. Co- and extra-curricular activities all contribute to the total growth of a young person provided these activities are conducted from a balanced educational perspective. The educational challenge is to provide a student the opportunity to learn how to learn.

Co- and extra-curricular activities serve many purposes. The benefits of a well-directed co- and extra-curricular program are very far reaching. Each activity should strive to achieve the following goals:

1. Develop school spirit
2. Provide service to the school
3. Help students develop a feeling of competency
4. Provide opportunities to develop social skills
5. Provide opportunities for social mobility
6. Provide for informal interaction between faculty members, students, and parents/guardians
7. Provide training in citizenship and foster leadership
8. Provide opportunities for self-expression
9. Help students develop worthwhile activities for leisure time
10. Provide opportunities for recreation
11. Provide information on vocations/careers and other topics of interest
12. Promote healthy and productive lifestyles

Co- and Extra-Curricular Conduct Policy: (Per Board Policy 502.5-R2)
Linn-Mar co- and extra-curricular programs are completely voluntary programs. No student is obligated to take part in co- and extra-curricular activities. Participation is not required for advancement or graduation. Furthermore, school boards have the authority to adopt “good conduct” rules (Board of Directors of the Independent School District of Waterloo vs. Green, 147 N.W. 2d 854, 1967). The basis of good conduct rules may apply to co- and extra-curricular activities beyond athletics (Bunger vs. Iowa High School Athletic Association, 197 N.W. 2d 555; Iowa 1972). Co- and extra-curricular participants in athletics, forensics, dramatics, or other interscholastic activities play a somewhat different role at school. Leadership brings additional responsibility and more is expected of participants in order to be eligible for their particular activity.

According to Linn-Mar Board Policy 502.5; students who participate in co- and extra-curricular activities serve as ambassadors of the school district throughout the calendar year, whether away from school or at school. Students who wish to have the privilege of participating in co- and extra-curricular activities must conduct themselves in accordance with Board policy.

Parents/Guardians: By signing this form you are indicating you have read and understood the following:

1. I am aware of the inherent risks of potentially serious injury while participating in school co- and extra-curricular activities. In light of these potential risks, I give my child permission to participate.
2. I understand that certain co- and extra-curricular activities require, by state and local rule, that participants have a physical examination completed by an M.D., D.O., D.C., or approved nurse practitioner and on file with the school health services office prior to participation in a sport or activities.
3. I understand that there is no school insurance to provide protection to my child during any phase of his/her participation in co- and extra-curricular activities. All participants in co- and extra-curricular activities should have some type of health/accident coverage or purchase an alternate student insurance policy available through the Linn-Mar Community School District.
4. I give permission for an authorized school official to obtain medical attention for my child in case of injury or illness.
5. I give consent for my child to engage in school approved co- and extra-curricular activities as a representative of the school.
6. I give consent for my child to accompany the school-approved co- and extra-curricular group on school-sponsored transportation to both in and out-of-town co- and extra-curricular activities. Transportation home, other than school-sponsored transportation, may only be approved by the sponsor or coach if the parent/guardian of the child is present.
7. I give consent for my child to travel to and from school-approved co- and extra-curricular activities by means other than a school vehicle when school transportation is unavailable or impractical. I also waive the responsibility of the school district when my child is being transported by other than a school vehicle and/or drivers other than school personnel to or from a school-sponsored activity.
8. I am aware that there are Board policies and a board-approved student handbook that contains certain regulations for academic eligibility, attendance in school, behavior both in and out of school, and rules concerning the possession, distribution, or use of alcohol, drugs, and tobacco/nicotine. I understand that school administration may suspend or expel my child from co- and extra-curricular activities for failure to abide by these regulations. I also understand that each activity may have additional rules for participation.
9. I understand that some activities require fees such as uniform and rental fees.
10. I understand that academic eligibility for co- and extra-curricular activities shall be determined according to the guidelines established in Board Policy 502.6. Students are advised that high school students must pass all courses during the preceding grading period in order to be eligible to participate in co- and extra-curricular activities. Students who do not pass all courses during the preceding grading period shall be ineligible for the next nine-week grading period.
11. I understand that parents/legal guardians/spectators should be role models at activities, whether home or away. They must realize inappropriate and unsportsmanlike behavior may result in removal from the activity.

Administrative Regulations Regarding Co- and Extra-Curricular Conduct Policy 502.5-R3
Students who participate in co- and extra-curricular activities involving public performance are prohibited from possessing, using, transporting, controlling, or transmitting tobacco/nicotine, alcohol, or other drugs at any time (year round) during his/her middle school or high school career. The administration will suspend a student if it is determined, as reported by school personnel, that the violation did occur. The ruling includes any activities outside of school as well as at school or at school events (either home or away). Suspension may also result from either legal documentation or by self-
admittance. Investigation of possible infraction will involve parent notification. If a student is guilty of an infraction and is not currently involved in an activity, the suspension will become effective utilizing the activities they were involved in the previous year.

**During Middle School or High School Career:**

**1st Offense:**
Tobacco/Nicotine Alcohol and Other Drugs
Suspended from at least 20% of public performances with carryover to next activity. Counseling required prior to reinstatement (suspended from at least 33% of performances if no progression in counseling). Must continue to practice.

**2nd Offense:**
Tobacco/Nicotine Alcohol and Other Drugs
Suspended from at least 50% of public performances with carryover to next activity. Counseling required prior to reinstatement. Must continue to practice.

**3rd Offense:**
One-year suspension from co- and extra-curricular activities. Counseling required prior to reinstatement for all third offenses.

**4th Offense:**
Permanent suspension from co- and extra-curricular activities. Counseling available for all fourth offenses.

Established school/team/group rules may also apply to violations. In order for the suspension to be put into effect it must be clearly determined that the violation did occur. It is clear that an admission from the student is not required prior to disciplining a student (Schmahl vs. Glenwood Community School District, 2 D.P.I. App Dec. 26, 1979).

**Court System Involvement:** Students admitting to or found guilty of non-traffic misdemeanors or felonies not defined in these regulations may be subject to suspension from co- and extra-curricular activities as determined by the building principal and/or designee. The school district will cooperate with the courts or other recognized public agencies in carrying out consequences in co- and extra-curricular activities.

**Appeal Process:** As established in Board Policies 502.5 and 502.5-R1.

**Definitions:**
- **Carry-Over:** In situations when there are not enough performances remaining in a season to complete a suspension, the suspension will be carried over to the next co- or extra-curricular activity in which the student takes part.
- **Counseling:** Directed by the Linn-Mar Middle Schools or High School Counseling Offices or other non-school agencies that students are referred to or are approved by school counselors or Student Assistance Team. Any cost for use of non-school agencies is to be borne by the student. Linn-Mar counseling will include discussion of decision-making skills, tobacco/nicotine/alcohol/drug information, and peer and family relationships with parent(s)/legal guardian(s) invited to participate. A student may receive confidential assistance at any time during their middle school or high school career.
- **Possession/Use/Transportation/Control/Transmission:** Tobacco/nicotine: personal possession, use, transportation, control, or transmission.
- **Alcohol and other drugs:** As defined by legal statute and/or court interpretation. Possession, transportation, control, or transmission may be determined by prior knowledge or intent. Team rules may be more specific.
- **Public Performance Activity:** Is a co- or extra-curricular activity where students are expected to perform in activities which the public may view. Examples are, but not limited to, athletic events, concerts, plays, debates, speech contests, music contests, and previews and exhibitions. Activities begin with the first required meeting for any participant and end when equipment is checked in, set is struck, or the last required meeting occurs, etc. Athletic seasons are defined by state or local designated starting and ending dates. Public performances are determined by the administration prior to the beginning of co- and extra-curricular activities.

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**Parents/Guardians and Students:** Please read the information on pages 1-2 concerning co- and extra-curricular activities at Linn-Mar and then sign below before returning this form to the main office of your individual building.

*We hereby acknowledge that we have read and understand the information presented in the Good Conduct Policy form. We understand that we must adhere to the co- and extra-curricular regulations to the best of our ability while attending Linn-Mar and participating in co- and extra-curricular activities.*

**Student Signature: ________________________________ Parent/Guardian Signature: ________________________________ Date: ________________________________