



Linn-Mar Community School K-12

2020-21 Cycle Menu

Breakfast: (entrée, milk, juice or fruit)

Lunch: (Includes: entrée, milk, fruit and vegetable)

Student: FREE; Adult: \$2.10

Student: FREE; Adult: \$3.85

A la carte milk \$.50

September

M	T	W	T	F
14	15	16	17	18
21	22	23	24	25
28	29	30		

October

M	T	W	T	F
			1	2
5	6	7	8	9
12	13	14	15	16
19	20	21	22	23
26	27	28	29	30

Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast: Cereal	Mini pancakes	Cereal bar	Pop tart	Cereal
<ul style="list-style-type: none"> Hamburger Corn Carrots Applesauce Milk 	<ul style="list-style-type: none"> French toast sticks with egg omelet Tater tots Cucumber slices Blueberries Milk 	<ul style="list-style-type: none"> Chicken tenders with dinner roll Broccoli Cauliflower Fresh fruit slushie Milk 	<ul style="list-style-type: none"> Hot dog Baked beans Celery sticks Peaches Milk 	<ul style="list-style-type: none"> Garlic cheese bread w/marinara sauce Romaine salad Grape tomatoes Grapes Apple slices Milk
Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast: Cereal	Waffle sticks	Cereal bar	Yogurt w/muffin	Cereal
<ul style="list-style-type: none"> Popcorn chicken with bread and butter sandwich Mixed Vegetables Broccoli Pineapple Milk 	<ul style="list-style-type: none"> Walking taco w/tortilla chips Lettuce/cheese/tomato Green peppers w/hummus Mixed fruit Milk 	<ul style="list-style-type: none"> Macaroni & cheese with breadstick Peas & carrots Cucumber slices Orange wedges Apple slices Milk 	<ul style="list-style-type: none"> Chicken patty French fries Cherry tomatoes Cantaloupe Honey dew melon Milk 	<ul style="list-style-type: none"> Cheese pizza Green beans Carrots Mandarin oranges Milk
Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast: Cereal	Mini WG donuts	French toast sticks	Pop tart	Cereal
<ul style="list-style-type: none"> Pizza Crunchers Sweet potato fries Cauliflower Grapes Apple slices Milk 	<ul style="list-style-type: none"> Grilled chicken sandwich Carrots Fresh broccoli Hummus cup Strawberry cup Milk 	<ul style="list-style-type: none"> Mandarin orange chicken w/rice Stir fry vegetables Cucumbers Applesauce Milk 	<ul style="list-style-type: none"> Breakfast sandwich Potato wedges Green peppers Orange juice cup Milk 	<ul style="list-style-type: none"> Stuffed cheese sticks w/marinara sauce Romaine salad Grape tomatoes Pears Milk

Menu Subject to Change without notice

*May contain pork

This institution is an equal opportunity provider

***Meals are being provided curbside for virtual learners from 9:00-9:30 at Novak Elementary and Linn Grove Elementary.**