



Linn-Mar Community Schools 2017-2018 Elementary Cycle Menu

Breakfast (includes cereal, milk, juice and posted entrée)
Student 1.50; Adult \$1.70

Lunch: (Includes choice of entrée, milk and sides):

Student \$2.60; Adult: \$3.55; A la carte milk \$0.50

Tues., Nov. 21 and Thursday, Dec. 21
It's a holiday feast!
Turkey & gravy with mashed potatoes,
fresh baked roll, corn, grapes, ice
cream cup. NO ALTERNATE

November

M	T	W	T	F
		1	2	3
6	7	8	9	10
13	14	15	16	17
20	21	22	23	24
27	28	29	30	

December

M	T	W	T	F
				1
4	5	6	7	8
11	12	13	14	15
18	19	20	21	22
25	26	27	28	29

January

M	T	W	T	F
1	2	3	4	5
8	9	10	11	12
15	16	17	18	19
22	23	24	25	26
29	30	31		

Elementary school not in session

Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast: Cereal bar	Apple bosco stick	Bagel bites	Waffle sticks	Toast
<ul style="list-style-type: none"> • Personal pan pizza (Cheese) • Pigs in a blanket Corn Fresh veggie cup Peaches • Lion Cub Meal 	<ul style="list-style-type: none"> • French toast sticks with egg omelet • Fish sandwich Smiley potatoes Fresh veggie cup Grapes • Lion Cub Meal 	<ul style="list-style-type: none"> • Chicken strips with fresh baked roll • Sunbutter/jelly s/w boat & string cheese Baked beans Fresh veggie cup Sliced apples with caramel • Lion Cub Meal 	<ul style="list-style-type: none"> • Chicken patty s/w • Rotini & meat sauce with garlic breadstick Romaine blend lettuce & tomato salad Fresh veggie cup Fruit cup • Lion Cub Meal 	<ul style="list-style-type: none"> • Hot dog with bun • Chicken teriyaki & seasoned rice Stir fry vegetables Fresh veggie cup Mandarin oranges Fortune cookie • Lion Cub Meal
Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast: Long john	Hard-boiled egg	Fresh baked muffin	French toast sticks	Toast
<ul style="list-style-type: none"> • Stuffed cheese sticks • Chili with bread/butter sandwich Fresh veggie cup Warm cinnamon apples Chocolate chip cookie • Lion Cub Meal 	<ul style="list-style-type: none"> • Pancake on a stick* • Macaroni & cheese Tator tots Fresh veggie cup Juicy orange wedges • Lion Cub Meal 	<ul style="list-style-type: none"> • Taco with tortilla chips • Hoagie sub s/w Lettuce & tomato Refried beans Pears • Lion Cub Meal 	<ul style="list-style-type: none"> • Popcorn chicken with b&b sandwich • Breakfast sandwich Mixed vegetables Fresh veggie cup Fresh fruit cup • Lion Cub Meal 	<ul style="list-style-type: none"> • Mini corn dogs • Soft pretzel with cheese sauce Baked French fries Fresh veggie cup Strawberries • Lion Cub Meal
Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast: WG Poptart	Mini WG donuts	Frudel pastry	Pancake on a stick*	Toast
<ul style="list-style-type: none"> • Hamburger • Grilled cheese sandwich Baked beans Fresh veggie cup Apple slices • Lion Cub Meal 	<ul style="list-style-type: none"> • Chicken noodle soup with cracker • Pigs in a blanket Peas and carrots Fresh veggie cup Mandarin oranges • Lion Cub Meal 	<ul style="list-style-type: none"> • Pizza crunchers • Pretzel roll with hot ham & cheese Potato triangle Fresh veggie cup Pineapple • Lion Cub Meal 	<ul style="list-style-type: none"> • Chicken patty s/w • Lasagna Garlic breadstick Romaine blend lettuce & tomato salad Sweet potato fries Fresh fruit cup Oatmeal Scotchie cookie • Lion Cub Meal 	<ul style="list-style-type: none"> • Chicken nuggets with b&b sandwich • Shrimp poppers with b&b sandwich Mashed potatoes & gravy Fresh veggie cup Applesauce • Lion Cub Meal

• Entrée Choice

Lion Cub Meal

Fruit, yogurt, cheese, crackers and a veggie (including beans when menued)

Sunbutter & jelly sandwich Peanut free option made with sunflower seeds

Menu subject to change without notice

*May contain pork

This institution is an equal opportunity provider