



Linn-Mar Community Schools 2017-2018 Elementary Cycle Menu

Breakfast (includes cereal, milk, juice and posted entrée): **Student 1.50**

Adult: \$1.70

Lunch: (Includes choice of entrée, milk and sides): **Student \$2.60**

Adult: \$3.55

August

M	T	W	T	F
		23	24	25
28	29	30	31	

September

M	T	W	T	F
				1
4	5	6	7	8
11	12	13	14	15
18	19	20	21	22
25	26	27	28	29

October

M	T	W	T	F
2	3	4	5	6
9	10	11	12	13
16	17	18	19	20
23	24	25	26	27
30	31			

Elementary school not in session

Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast: Cereal bar	Apple bosco stick	Bagel bites	Waffle sticks	Toast
<ul style="list-style-type: none"> • Personal pan pizza (Cheese) • Pigs in a blanket Corn Fresh veggie cup Peaches • Lion Cub Meal 	<ul style="list-style-type: none"> • French toast sticks with egg omelet • Fish sandwich Smiley potatoes Fresh veggie cup Grapes • Lion Cub Meal 	<ul style="list-style-type: none"> • Chicken strips with fresh baked roll • Sunbutter/jelly s/w boat & string cheese Baked beans Fresh veggie cup Sliced apples with caramel • Lion Cub Meal 	<ul style="list-style-type: none"> • Chicken patty s/w • Rotini & meat sauce with breadstick Romaine blend lettuce & tomato salad Fresh veggie cup Fruit cup • Lion Cub Meal 	<ul style="list-style-type: none"> • Hot dog with bun • Chicken teriyaki & seasoned rice Stir fry vegetables Fresh veggie cup Mandarin oranges Fortune cookie • Lion Cub Meal
Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast: Long john	Hard-boiled egg	Fresh baked muffin	French toast sticks	Toast
<ul style="list-style-type: none"> • Stuffed cheese sticks • Hot shredded beef sandwich Green beans Fresh veggie cup Pineapple chunks Sugar cookie • Lion Cub Meal 	<ul style="list-style-type: none"> • Pancakes & little smokies* • Macaroni & cheese Tator tots Fresh veggie cup Juicy orange wedges • Lion Cub Meal 	<ul style="list-style-type: none"> • Taco with tortilla chips • Hoagie sub s/w Lettuce & tomato Refried beans Pears • Lion Cub Meal 	<ul style="list-style-type: none"> • Popcorn chicken with b&b sandwich • Breakfast sandwich Mixed vegetables Fresh veggie cup Fresh fruit cup • Lion Cub Meal 	<ul style="list-style-type: none"> • Mini corn dogs • Soft pretzel with cheese sauce Baked French fries Fresh veggie cup Strawberries • Lion Cub Meal
Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast: WG Poptart	Mini WG donuts	Frudel pastry	Pancake on a stick*	Toast
<ul style="list-style-type: none"> • Hamburger • Grilled cheese sandwich Sweet potato fries Fresh veggie cup Apple slices • Lion Cub Meal 	<ul style="list-style-type: none"> • Chicken patty s/w • Pigs in a blanket Baked beans Fresh veggie cup Mandarin oranges • Lion Cub Meal 	<ul style="list-style-type: none"> • Waffle sticks with turkey sausage patty • Pretzel roll with hot ham & cheese Potato triangle Fresh veggie cup Pineapple Chunks • Lion Cub Meal 	<ul style="list-style-type: none"> • Yogurt parfait with fruit & granola • Lasagna Romaine blend lettuce & tomato salad Fresh veggie cup Fresh fruit cup Chocolate chip muffin • Lion Cub Meal 	<ul style="list-style-type: none"> • Chicken nuggets with b&b sandwich • Shrimp poppers with b&b sandwich Mashed potatoes & gravy Fresh veggie cup Fruit cocktail • Lion Cub Meal

- Entrée Choice

Lion Cub Meal

Fruit, yogurt, cheese, crackers and a veggie (including beans when menued)

Sunbutter & jelly sandwich Peanut free option made with sunflower seeds

Menu subject to change without notice

*May contain pork

This institution is an equal opportunity provider