



Linn-Mar Community Schools 2017-2018 Elementary Cycle Menu

Breakfast: (includes cereal, milk, juice and posted entrée)

Student: \$1.50; Adult: \$1.70

Lunch: (Includes choice of entrée, milk and sides)

Student: \$2.60; Adult: \$3.55

A la carte milk \$.50

Elementary school not in session

February

M	T	W	T	F
			1	2
5	6	7	8	9
12	13	14	15	16
19	20	21	22	23
26	27	28		

March

M	T	W	T	F
			1	2
5	6	7	8	9
12	13	14	15	16
19	20	21	22	23
26	27	28	29	30

Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast: Cereal bar	Apple bosco stick	Bagel bites	Waffle sticks	Toast
<ul style="list-style-type: none"> • Personal pan pizza (Cheese) • Pigs in a blanket Corn Fresh veggie cup Peaches 	<ul style="list-style-type: none"> • French toast sticks with egg omelet • Fish sandwich Smiley potatoes Fresh veggie cup Grapes 	<ul style="list-style-type: none"> • Chicken strips with fresh baked roll • Sunbutter/jelly s/w boat & string cheese Baked beans Fresh veggie cup Sliced apples with caramel 	<ul style="list-style-type: none"> • Chicken patty s/w • Rotini & meat sauce with garlic breadstick Romaine blend lettuce & tomato salad Fresh veggie cup Fruit cup 	<ul style="list-style-type: none"> • Hot dog with bun • Chicken teriyaki & seasoned rice Stir fry vegetables Fresh veggie cup Mandarin oranges Fortune cookie
• Lion Cub Meal	• Lion Cub Meal	• Lion Cub Meal	• Lion Cub Meal	• Lion Cub Meal
Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast: Long john	Hard-boiled egg	Fresh baked muffin	French toast sticks	Toast
<ul style="list-style-type: none"> • Stuffed cheese sticks • Chili with bread/butter sandwich Fresh veggie cup Warm cinnamon apples Chocolate chip cookie 	<ul style="list-style-type: none"> • Pancakes & little smokies* • Macaroni & cheese Tator tots Fresh veggie cup Juicy orange wedges 	<ul style="list-style-type: none"> • Taco with tortilla chips • Hoagie sub s/w Lettuce & tomato Refried beans Pears 	<ul style="list-style-type: none"> • Popcorn chicken with b&b sandwich • Breakfast sandwich Mixed vegetables Fresh veggie cup Fresh Fruit cup 	<ul style="list-style-type: none"> • Mini corn dogs • Soft pretzel with cheese sauce Baked French fries Fresh veggie cup Strawberries
• Lion Cub Meal	• Lion Cub Meal	• Lion Cub Meal	• Lion Cub Meal	• Lion Cub Meal
Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast: WG Poptart	Mini WG donuts	Frudel pastry	Pancake on a stick*	Toast
<ul style="list-style-type: none"> • Hamburger • Grilled cheese sandwich Baked beans Fresh veggie cup Apple slices 	<ul style="list-style-type: none"> • Chicken noodle soup with cracker • Pigs in a blanket Peas and carrots Fresh veggie cup Mandarin oranges 	<ul style="list-style-type: none"> • Waffle sticks with turkey sausage patty • Pretzel roll with hot ham & cheese Potato triangle Fresh veggie cup Pineapple 	<ul style="list-style-type: none"> • Chicken patty s/w • Lasagna Breadstick Romaine blend lettuce & tomato salad Sweet potato fries Fresh fruit cup Oatmeal scotchie cookie 	<ul style="list-style-type: none"> • Chicken nuggets with b&b sandwich • Shrimp poppers with b&b sandwich Mashed potatoes & gravy Fresh veggie cup Applesauce
• Lion Cub Meal	• Lion Cub Meal	• Lion Cub Meal	• Lion Cub Meal	• Lion Cub Meal

Entrée Choice

Lion Cub Meal

Fruit, yogurt, cheese, crackers and a veggie (including beans when menued)

Sun Butter & Jelly sandwich Peanut free option made with sunflower seeds

Menu Subject to Change without notice

*May contain pork

This institution is an equal opportunity provider