



Linn-Mar Community Schools 2018-2019 Elementary Cycle Menu

Breakfast (includes cereal, milk, juice and posted entrée)
Student 1.50; Adult \$1.70

Lunch: (Includes choice of entrée, milk and sides):

Student \$2.60; Adult: \$3.65; A la carte milk \$0.50

Tues., Nov. 20 and Thursday, Dec. 21
It's a holiday feast!
Turkey & gravy with mashed potatoes,
fresh baked roll, corn, peaches, ice
cream cup. NO ALTERNATE

November

M	T	W	T	F
			1	2
5	6	7	8	9
12	13	14	15	16
19	20	21	22	23
26	27	28	29	30

December

M	T	W	T	F
3	4	5	6	7
10	11	12	13	14
17	18	19	20	21
24	25	26	27	28
31				

January

M	T	W	T	F
	1	2	3	4
7	8	9	10	11
14	15	16	17	18
21	22	23	24	25
28	29	30	31	

Elementary school not in session

Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast: Cereal bar <ul style="list-style-type: none"> Personal pan pizza (Cheese) Pigs in a blanket Corn Fresh veggie cup Applesauce Lion Cub Meal 	NO SCHOOL K-12	Mini pancakes <ul style="list-style-type: none"> French toast sticks with egg omelet Fish sandwich Smiley potatoes Fresh veggie cup Grapes Lion Cub Meal 	Waffle sticks <ul style="list-style-type: none"> Chicken patty s/w Rotini & meat sauce with garlic breadstick Romaine blend lettuce & tomato salad Fresh veggie cup Fruit cup Lion Cub Meal 	Toast <ul style="list-style-type: none"> Hot dog with bun Chicken teriyaki & seasoned rice Stir fry vegetables Fresh veggie cup Mandarin oranges Lion Cub Meal
Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast: Long john <ul style="list-style-type: none"> Stuffed cheese sticks Chili with bread/butter sandwich Fresh veggie cup Warm cinnamon apples Chocolate chip cookie Lion Cub Meal 	Bagel/hard boiled egg <ul style="list-style-type: none"> Pancakes & little smokies* Macaroni & cheese Tator tots Fresh veggie cup Juicy orange wedges Lion Cub Meal 	Fresh baked muffin <ul style="list-style-type: none"> Taco with tortilla chips Hoagie sub s/w Lettuce & tomato Refried beans Pears Lion Cub Meal 	French toast sticks <ul style="list-style-type: none"> Popcorn chicken with b&b sandwich Breakfast sandwich Mixed vegetables Fresh veggie cup Fresh fruit cup Lion Cub Meal 	Toast <ul style="list-style-type: none"> Mini corn dogs Soft pretzel with cheese sauce Potato wedges Fresh veggie cup Strawberries Lion Cub Meal
Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast: WG Poptart <ul style="list-style-type: none"> Hamburger Grilled cheese sandwich Baked beans Fresh veggie cup Fresh apple slices Lion Cub Meal 	Mini WG donuts <ul style="list-style-type: none"> Chicken noodle soup with cracker Pigs in a blanket Peas and carrots Fresh veggie cup Mandarin oranges Lion Cub Meal 	Frudel pastry <ul style="list-style-type: none"> Pizza crunchers Pretzel roll with hot ham & cheese Sweet potato fries Fresh veggie cup Pineapple Lion Cub Meal 	Pancake on a stick* <ul style="list-style-type: none"> Chicken patty s/w Lasagna Garlic breadstick Romaine blend lettuce & tomato salad Fresh veggie cup Fresh fruit cup Sugar cookie Lion Cub Meal 	Toast <ul style="list-style-type: none"> Chicken nuggets with b&b sandwich Shrimp poppers with b&b sandwich Mashed potatoes & gravy Fresh veggie cup Peaches Lion Cub Meal

• Entrée Choice

Lion Cub Meal

Fruit, yogurt, cheese, crackers and a veggie (including beans when menued)

Sunbutter & jelly sandwich Peanut free option made with sunflower seeds

Menu subject to change without notice

*May contain pork

This institution is an equal opportunity provider