



**Linn-Mar Community Schools  
2018-2019 Elementary Cycle Menu**

**Breakfast (includes cereal, milk, juice and posted entrée)  
Student 1.50; Adult \$1.70**

**Lunch: (Includes choice of entrée, milk and sides):  
Student \$2.60; Adult: \$3.65; A la carte milk \$0.50**

**June 5: Sack lunch.**  
No alternate or lion cub meal will be available.

**April**

M	T	W	T	F
1	2	3	4	5
8	9	10	11	12
15	16	17	18	19
22	23	24	25	26
29	30			

**May**

M	T	W	T	F
		1	2	3
6	7	8	9	10
13	14	15	16	17
20	21	22	23	24
27	28	29	30	31

**June**

M	T	W	T	F
3	4	5		

**Elementary school not in session**

Monday	Tuesday	Wednesday	Thursday	Friday
<b>Breakfast: Cereal bar</b>	<b>Mini pancakes</b>	<b>Bagel bites</b>	<b>Waffle sticks</b>	<b>Toast</b>
<ul style="list-style-type: none"> <li>• Personal pan pizza (Cheese)</li> <li>• Pigs in a blanket Corn Fresh veggie cup Applesauce</li> <li>• Lion Cub Meal</li> </ul>	<ul style="list-style-type: none"> <li>• French toast sticks with egg omelet</li> <li>• Fish sandwich Smiley potatoes Fresh veggie cup Grapes</li> <li>• Lion Cub Meal</li> </ul>	<ul style="list-style-type: none"> <li>• Chicken strips w/ fresh baked roll</li> <li>• Sun butter &amp; jelly sandwich w/string cheese &amp; goldish Baked beans Fresh veggie cup Mixed fruit</li> <li>• Lion Cub Meal</li> </ul>	<ul style="list-style-type: none"> <li>• Chicken patty s/w</li> <li>• Rotini &amp; meatballs &amp; sauce w/ stuffed cheese sticks Romaine blend lettuce &amp; tomato salad Fresh veggie cup Fruit cup</li> <li>• Lion Cub Meal</li> </ul>	<ul style="list-style-type: none"> <li>• Hot dog with bun</li> <li>• Chicken teriyaki &amp; seasoned rice Stir fry vegetables Fresh veggie cup Mandarin oranges</li> <li>• Lion Cub Meal</li> </ul>
Monday	Tuesday	Wednesday	Thursday	Friday
<b>Breakfast: Long john</b>	<b>Bagel/hard boiled egg</b>	<b>Fresh baked muffin</b>	<b>French toast sticks</b>	<b>Toast</b>
<ul style="list-style-type: none"> <li>• Stuffed cheese sticks</li> <li>• Hot shredded beef sandwich Green beans Fresh veggie cup Pineapple chunks Sugar cookie</li> <li>• Lion Cub Meal</li> </ul>	<ul style="list-style-type: none"> <li>• Pancakes &amp; little smokies*</li> <li>• Macaroni &amp; cheese Tator tots Fresh veggie cup Juicy orange wedges</li> <li>• Lion Cub Meal</li> </ul>	<ul style="list-style-type: none"> <li>• Taco with tortilla chips</li> <li>• Hoagie sub s/w Lettuce &amp; tomato Refried beans Pears</li> <li>• Lion Cub Meal</li> </ul>	<ul style="list-style-type: none"> <li>• Popcorn chicken with b&amp;b sandwich</li> <li>• Breakfast sandwich Mixed vegetables Fresh veggie cup Fruit juice slushie</li> <li>• Lion Cub Meal</li> </ul>	<ul style="list-style-type: none"> <li>• Mini corn dogs</li> <li>• Soft pretzel with cheese sauce Potato wedges Fresh veggie cup Strawberries</li> <li>• Lion Cub Meal</li> </ul>
Monday	Tuesday	Wednesday	Thursday	Friday
<b>Breakfast: WG Poptart</b>	<b>Mini WG donuts</b>	<b>Frudel pastry</b>	<b>Pancake on a stick*</b>	<b>Toast</b>
<ul style="list-style-type: none"> <li>• Hamburger</li> <li>• Grilled cheese sandwich Baked beans Fresh veggie cup Applesauce</li> <li>• Lion Cub Meal</li> </ul>	<ul style="list-style-type: none"> <li>• Garlic cheese bread</li> <li>• Pigs in a blanket Steamed broccoli Fresh veggie cup Mandarin oranges</li> <li>• Lion Cub Meal</li> </ul>	<ul style="list-style-type: none"> <li>• Pizza crunchers</li> <li>• Pretzel roll with hot ham &amp; cheese Sweet potato fries Fresh veggie cup Pineapple</li> <li>• Lion Cub Meal</li> </ul>	<ul style="list-style-type: none"> <li>• Yogurt parfait with fruit &amp; granola</li> <li>• Lasagna w/stuffed cheese sticks Romaine blend lettuce &amp; tomato salad Fresh veggie cup Fruit cup Chocolate chip muffin</li> <li>• Lion Cub Meal</li> </ul>	<ul style="list-style-type: none"> <li>• Chicken nuggets with b&amp;b sandwich</li> <li>• Shrimp poppers with b&amp;b sandwich Mashed potatoes &amp; gravy Fresh veggie cup Peaches</li> <li>• Lion Cub Meal</li> </ul>

• Entrée Choice

**Lion Cub Meal**

Fruit, yogurt, cheese, crackers and a veggie (including beans when menued)

**Sunbutter & jelly sandwich** Peanut free option made with sunflower seeds

Menu subject to change without notice

\*May contain pork

This institution is an equal opportunity provider