



Linn-Mar Community Schools 2018-2019 Elementary Cycle Menu

Breakfast (includes cereal, milk, juice and posted entrée)
Student 1.50; Adult \$1.70

Lunch: (Includes choice of entrée, milk and sides):
Student \$2.60; Adult: \$3.65; A la carte milk \$0.50

Last day of school will be a sack lunch day due to early release.
Deli sandwich, fresh vegetables, fruit and milk.

April

M	T	W	T	F
1	2	3	4	5
8	9	10	11	12
15	16	17	18	19
22	23	24	25	26
29	30			

May

M	T	W	T	F
		1	2	3
6	7	8	9	10
13	14	15	16	17
20	21	22	23	24
27	28	29	30	31

June

M	T	W	T	F
3	4	5		

Elementary school not in session

Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast: Cereal bar	Mini pancakes	Bagel bites	Waffle sticks	Toast
<ul style="list-style-type: none"> Personal pan pizza (Cheese) Pigs in a blanket Corn Fresh veggie cup Applesauce Lion Cub Meal 	<ul style="list-style-type: none"> French toast sticks with egg omelet Fish sandwich Smiley potatoes Fresh veggie cup Grapes Lion Cub Meal 	<ul style="list-style-type: none"> Chicken strips w/ fresh baked roll Sun butter & jelly sandwich w/string cheese & goldish Baked beans Fresh veggie cup Mixed fruit Lion Cub Meal 	<ul style="list-style-type: none"> Chicken patty s/w Rotini & meatballs w/sauce & garlic breadstick Romaine blend lettuce & tomato salad Fresh veggie cup Fruit cup Lion Cub Meal 	<ul style="list-style-type: none"> Hot dog with bun Chicken teriyaki & seasoned rice Stir fry vegetables Fresh veggie cup Mandarin oranges Lion Cub Meal
Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast: Long john	Bagel/hard boiled egg	Fresh baked muffin	French toast sticks	Toast
<ul style="list-style-type: none"> Stuffed cheese sticks Hot shredded beef sandwich Green beans Fresh veggie cup Pineapple chunks Sugar cookie Lion Cub Meal 	<ul style="list-style-type: none"> Pancakes & little smokies* Macaroni & cheese Tator tots Fresh veggie cup Juicy orange wedges Lion Cub Meal 	<ul style="list-style-type: none"> Taco with tortilla chips Hoagie sub s/w Lettuce & tomato Refried beans Pears Lion Cub Meal 	<ul style="list-style-type: none"> Popcorn chicken with b&b sandwich Breakfast sandwich Mixed vegetables Fresh veggie cup Fresh fruit cup Lion Cub Meal 	<ul style="list-style-type: none"> Mini corn dogs Soft pretzel with cheese sauce Potato wedges Fresh veggie cup Strawberries Lion Cub Meal
Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast: WG Poptart	Mini WG donuts	Frudel pastry	Pancake on a stick*	Toast
<ul style="list-style-type: none"> Hamburger Grilled cheese sandwich Baked beans Fresh veggie cup Apple slices Lion Cub Meal 	<ul style="list-style-type: none"> Garlic cheese bread Pigs in a blanket Sunshine carrots Fresh veggie cup Mandarin oranges Lion Cub Meal 	<ul style="list-style-type: none"> Pizza crunchers Pretzel roll with hot ham & cheese Sweet potato fries Fresh veggie cup Pineapple Lion Cub Meal 	<ul style="list-style-type: none"> Yogurt parfait with fruit & granola Lasagna Garlic breadstick Romaine blend lettuce & tomato salad Fresh veggie cup Fresh fruit cup Chocolate chip muffin Lion Cub Meal 	<ul style="list-style-type: none"> Chicken nuggets with b&b sandwich Shrimp poppers with b&b sandwich Mashed potatoes & gravy Fresh veggie cup Peaches Lion Cub Meal

• Entrée Choice

Lion Cub Meal

Fruit, yogurt, cheese, crackers and a veggie (including beans when menued)

Sunbutter & jelly sandwich Peanut free option made with sunflower seeds

Menu subject to change without notice

*May contain pork

This institution is an equal opportunity provider