(P) denotes pork product ½ pint milk served with each lunch Menu subject to change

High School Food Court August 23- September 28 2018-2019

Lunch K-5: \$2.60; 6-8: \$2.65 9-12: \$2.70; Breakfast K-12: \$1.50 Adult: Breakfast \$1.70/Lunch \$3.65 Reduced Breakfast: \$.30; Lunch: \$.40 USDA is an equal opportunity provider

WELCONE BACK	21	22	23	Philly cheese steak sandwich w/choice of shredded Beef OR shredded chicken Fajita vegetables Corn Mixed fruit Chocolate chip cookie
27 Walking taco Served with chips, lettuce, tomato & cheese Refried Beans Kiwi & grapes	Popcorn chicken Fresh bread Mixed vegetables Strawberries	29 Pastas: Tortellini Rotini Sauces: Alfredo Meat sauce Breadstick Romaine salad mix Fresh veggies Pears	30 Mandarin orange chicken Seasoned brown rice Chicken/Vegetable egg roll Stir fry vegetables Mandarin oranges	31 Pizza crunchers Green beans Romaine salad Fresh melon Sunshine cake
No School K-12	4 Chicken nuggets Fresh dinner roll Mashed potatoes & Gravy Peaches	Pastas: Penne Spaghetti Sauces: Alfredo sauce Meatballs in sauce Garlic toast Romaine salad mix Fresh veggies Tropical fruit	6 Fish sandwich OR Hot and spicy chicken patty sandwich w/shredded lettuce and tomato Peas/carrots mix Applesauce	7 Hot dog on a bun Baked beans Apple Snickerdoodle
10 Sweet chili Thai chicken Seasoned brown rice Stir fry vegetables Mandarin oranges	11 Breaded chicken sandwich w/shredded lettuce and tomato Steamed broccoli & cheese sauce Applesauce	12 Pastas: Tortellini Rotini Sauces: Alfredo Meat sauce Fresh baked bread Romaine salad mix Fresh veggies Pineapple	13 Hamburger on a bun Sweet potato waffle fries Pears	14 Pepperoni cheese bread OR Garlic cheese bread Romaine salad mix Fresh Melon Brownie

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17	18	19	20	21
Pork tenderloin	Chicken strips	Pastas:	Crispitos served w/cheese	Philly cheese steak sandwich
OR	Dinner roll	Penne	sauce Shredded lettuce, diced	w/choice of shredded Beef
BBQ rib	Baked french fries	Spaghetti	tomatoes	OR
Sandwich	Pineapples	Sauces:	Tater tots	shredded chicken
w/shredded lettuce and tomato		Alfredo sauce	Grapes	Fajita vegetables
Baked beans		Meatballs in sauce		Corn
Orange slices		Dinner roll		Mixed fruit
		Romaine salad mix		Chocolate chip cookie
		Fresh veggies		•
		Peaches		
24	25	26	27	28
Walking tacos	Popcorn chicken	<u>Pastas:</u>	Mandarin orange chicken	Pizza crunchers
Served with lettuce, tomato &	Fresh bread	Tortellini	Seasoned brown rice	Green beans
cheese	Mixed vegetables	Rotini	Chicken/Vegetable egg roll	Romaine salad
Refried Beans	Strawberries	Sauces:	Stir fry vegetables	Fresh melon
Kiwi & grapes		Alfredo	Mandarin oranges	Sunshine cake
		Meat sauce		
		Breadstick		
		Romaine salad mix		
		Fresh veggies		
		Pears		

