


## High School Food Court October 1- November 9 2018-2019

Lunch K-5: \$2.60; 6-8: \$2.65  
9-12: \$2.70; Breakfast K-12: \$1.50  
Adult: Breakfast \$1.70/Lunch \$3.65  
Reduced Breakfast: \$.30; Lunch: \$.40  
USDA is an equal opportunity provider

(P) denotes pork product  
½ pint milk served with each lunch  
Menu subject to change

<p>1</p> <p>French toast sticks Egg omelet Potato wedge Strawberries</p>	<p>2</p> <p>Chicken nuggets Fresh dinner roll Mashed potatoes &amp; Gravy Peaches</p>	<p>5</p> <p><u>Pastas:</u> Penne Spaghetti <u>Sauces:</u> Alfredo sauce Meatballs in sauce Garlic toast Romaine salad mix Fresh veggies Tropical fruit</p>	<p>4</p> <p>Fish sandwich OR Hot and spicy chicken patty sandwich w/shredded lettuce and tomato Peas/carrots mix Applesauce</p>	<p>5</p> <p>Hot dog on a bun Baked beans Apple Snickerdoodle</p> 
<p>8</p> <p>Sweet chili Thai chicken Seasoned brown rice Stir fry vegetables Mandarin oranges</p>	<p>9</p> <p>Breaded chicken sandwich w/shredded lettuce and tomato Steamed broccoli &amp; cheese sauce Applesauce</p>	<p>10</p> <p><u>Pastas:</u> Tortellini Rotini <u>Sauces:</u> Alfredo Meat sauce Fresh baked bread Romaine salad mix Fresh veggies Pineapple</p>	<p>11</p> <p>Hamburger on a bun Sweet potato waffle fries Banana</p>	<p>12</p> <p>Pepperoni cheese bread OR Garlic cheese bread Romaine salad mix Fresh Melon</p>
<p>15</p> <p>Pork tenderloin<sup>(p)</sup> OR BBQ rib<sup>(p)</sup> Sandwich w/shredded lettuce and tomato Baked beans Orange slices</p>	<p>16</p> <p>Chicken strips Fresh dinner roll Baked French fries Pineapples</p>	<p>17</p> <p><u>Pastas:</u> Penne Spaghetti <u>Sauces:</u> Alfredo sauce Meatballs in sauce Garlic toast Romaine salad mix Fresh veggies Peaches</p>	<p>18</p> <p>Crispitos served w/cheese sauce Shredded lettuce, diced tomatoes Tater tots Grapes</p>	<p>19</p> <p>Philly cheese steak sandwich w/choice of shredded Beef OR shredded chicken Fajita vegetables Corn Mixed fruit</p>
<p>22</p> <p>Walking taco Served with chips, lettuce, tomato &amp; cheese Refried Beans Kiwi &amp; grapes</p>	<p>23</p> <p>Popcorn chicken Fresh bread Mixed vegetables Strawberries</p>	<p>24</p> <p><u>Pastas:</u> Tortellini Rotini <u>Sauces:</u> Alfredo Meat sauce Breadstick Romaine salad mix Fresh veggies Pears</p>	<p>25</p> <p>Teriyaki chicken Seasoned brown rice Chicken/Vegetable egg roll Stir fry vegetables Mandarin oranges</p>	<p>26</p> <p style="text-align: center; color: red;">No School K-12</p>


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29  <b>No School K-12</b>	30  Chicken nuggets Fresh dinner roll Mashed potatoes & Gravy Peaches	31  <u>Pastas:</u> Penne Spaghetti <u>Sauces:</u> Alfredo sauce Meatballs in sauce Garlic toast Romaine salad mix Fresh veggies Tropical fruit	NOVEMBER 1  Fish sandwich <b>OR</b> Hot and spicy chicken patty sandwich w/shredded lettuce and tomato Peas/carrots mix Applesauce	2  Hot dog on a bun Baked beans Apple Snickerdoodle  
5  Sweet chili Thai chicken Seasoned brown rice Stir fry vegetables Mandarin oranges	6  Breaded chicken sandwich w/shredded lettuce and tomato Steamed broccoli & cheese sauce Applesauce	7  <u>Pastas:</u> Tortellini Rotini <u>Sauces:</u> Alfredo Meat sauce Fresh baked bread Romaine salad mix Fresh veggies Pineapple	8  Hamburger on a bun Sweet potato waffle fries Pears	9  Pepperoni cheese bread <b>OR</b> Garlic cheese bread Romaine salad mix Fresh Melon Brownie

