



Linn-Mar Community Schools 2019-20 Elementary Cycle Menu

It's a holiday feast!
Chicken nuggets with mashed potatoes & gravy,
fresh baked roll, fruit and dessert. NO ALTERNATE

Breakfast (includes cereal, milk, juice and posted entrée): Student 1.60 Adult: \$2.00
Lunch: (Includes choice of entrée, milk and sides): Student \$2.70 Adult: \$3.75

A la carte milk \$0.50

November

M	T	W	T	F
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4	5	6	7	8
11	12	13	14	15
18	19	20	21	22
25	26	27	28	29

December

M	T	W	T	F
2	3	4	5	6
9	10	11	12	13
16	17	18	19	20
23	24	25	26	27
30	31			

January

M	T	W	T	F
		1	2	3
6	7	8	9	10
13	14	15	16	17
20	21	22	23	24
27	28	29	30	31

Elementary school not in session

Monday	Tuesday	Wednesday	Thursday	Friday
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Breakfast: Cereal bar <ul style="list-style-type: none"> • Personal pan pizza (Cheese) • Hamburger Broccoli & cheese Fresh veggie cup Applesauce <ul style="list-style-type: none"> • Lion Cub Meal 	Breakfast: Mini Pancakes <ul style="list-style-type: none"> • French toast sticks with egg omelet • Stuffed cheese sticks Tater tots Fresh veggie cup Strawberry cup <ul style="list-style-type: none"> • Lion Cub Meal 	Breakfast: Pancake on a stick* <ul style="list-style-type: none"> • Chicken strips with fresh baked roll • Hot Dog Baked beans Fresh veggie cup Apple slices <ul style="list-style-type: none"> • Lion Cub Meal 	Breakfast: Waffle sticks <ul style="list-style-type: none"> • Rotini & meat sauce w/ cheese filled breadstick • Chicken Patty Romaine blend lettuce & tomato salad Fresh veggie cup Pears <ul style="list-style-type: none"> • Lion Cub Meal 	Breakfast: Toast/hard boiled egg <ul style="list-style-type: none"> • Shrimp poppers w/b&b sandwich • Garlic cheese bread Corn Fresh veggie cup Mandarin oranges <ul style="list-style-type: none"> • Sun butter & jelly sandwich w/string cheese & pretzels
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Monday	Tuesday	Wednesday	Thursday	Friday
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Breakfast: Long john <ul style="list-style-type: none"> • Breakfast sandwich • Hamburger Tater tots Fresh veggie cup Grapes <ul style="list-style-type: none"> • Lion Cub Meal 	Breakfast: Bagel/hard-boiled egg <ul style="list-style-type: none"> • Taco w/ tortilla chips • Stuffed cheese sticks Lettuce & tomato Refried beans Juicy orange wedges <ul style="list-style-type: none"> • Lion Cub Meal 	Breakfast: Muffin w/yogurt <ul style="list-style-type: none"> • Popcorn chicken w/b&b sandwich • Hot Dog Mixed vegetables Fresh veggie cup Pineapple Chocolate chip cookie <ul style="list-style-type: none"> • Lion Cub Meal 	Breakfast: French toast sticks <ul style="list-style-type: none"> • Pancakes and Little smokies* • Chicken Patty Potato triangle Fresh veggie cup Fruit cocktail <ul style="list-style-type: none"> • Lion Cub Meal 	Breakfast: Toast w/string cheese <ul style="list-style-type: none"> • Mini corn dogs • Garlic cheese bread Green Beans Fresh veggie cup Apple slices <ul style="list-style-type: none"> • Sun butter & jelly sandwich w/string cheese & pretzels
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Monday	Tuesday	Wednesday	Thursday	Friday
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Breakfast: WG Poptart <ul style="list-style-type: none"> • Pizza Crunchers • Hamburger Baked beans Fresh veggie cup Applesauce <ul style="list-style-type: none"> • Lion Cub Meal 	Breakfast: Mini WG donuts <ul style="list-style-type: none"> • Chicken noodle soup w/crackers • Stuffed cheese sticks Peas and carrots Pears Fresh veggie cup <ul style="list-style-type: none"> • Lion Cub Meal 	Breakfast: Frudel pastry <ul style="list-style-type: none"> • Macaroni and cheese • Hot Dog Sweet potato fries Fresh veggie cup Fresh fruit slushie <ul style="list-style-type: none"> • Lion Cub Meal 	Breakfast: Breakfast burrito <ul style="list-style-type: none"> • Lasagna w/cheese filled breadstick • Chicken Patty Romaine blend lettuce & tomato salad Fresh veggie cup Peaches Oatmeal Scotchie cookie <ul style="list-style-type: none"> • Lion Cub Meal 	Breakfast: Toast/hard boiled egg <ul style="list-style-type: none"> • Chicken nuggets w/b&b sandwich • Garlic cheese bread Mashed potatoes & gravy Fresh veggie cup Mandarin oranges <ul style="list-style-type: none"> • Sun butter & jelly sandwich w/string cheese & pretzels
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• Entrée Choice

Lion Cub Meal

Fruit, yogurt, cheese, crackers and a veggie (including beans when menued)

Sunbutter & jelly sandwich Peanut free option made with sunflower seeds

Menu subject to change without notice

*May contain pork

This institution is an equal opportunity provider