



**Linn-Mar Community Schools**

**2020 Elementary Cycle Menu**

**Breakfast: (includes cereal, milk, juice and posted entrée) Student: \$1.60; Adult: \$2.00**

**Lunch: (Includes choice of entrée, milk and sides) Student: \$2.70; Adult: \$3.75**

**A la carte milk \$.50**

**February**

M	T	W	T	F
3	4	5	6	7
10	11	12	13	14
17	18	19	20	21
24	25	26	27	28

**Elementary school not in session**

**March**

M	T	W	T	F
2	3	4	5	6
9	10	11	12	13
16	17	18	19	20
23	24	25	26	27
30	31			

Monday	Tuesday	Wednesday	Thursday	Friday
<b>Breakfast: Cereal bar</b>	<b>Mini pancakes</b>	<b>Fruit filled frudel</b>	<b>Waffle sticks</b>	<b>Toast/hardboiled egg</b>
<ul style="list-style-type: none"> <li>• Personal pan pizza (Cheese)</li> <li>• Hamburger</li> <li>Broccoli &amp; cheese</li> <li>Fresh veggie cup</li> <li>Applesauce</li> <li>Chocolate chip cookie</li> <li>• Lion Cub Meal</li> </ul>	<ul style="list-style-type: none"> <li>• French toast sticks with egg omelet</li> <li>• Stuffed cheese sticks</li> <li>Tater tots</li> <li>Fresh veggie cup</li> <li>Strawberry Cup</li> <li>• Lion Cub Meal</li> </ul>	<ul style="list-style-type: none"> <li>• Chicken strips with fresh baked roll</li> <li>• Hot dog</li> <li>Baked beans</li> <li>Fresh veggie cup</li> <li>Mixed fruit</li> <li>• Lion Cub Meal</li> </ul>	<ul style="list-style-type: none"> <li>• Rotini &amp; meat sauce w/stuffed cheese stick</li> <li>• Chicken patty</li> <li>Romaine blend lettuce &amp; tomato salad</li> <li>Fresh veggie cup</li> <li>Pears</li> <li>• Lion Cub Meal</li> </ul>	<ul style="list-style-type: none"> <li>• Mandarin orange chicken w/rice</li> <li>• Garlic cheese bread w/marinara sauce</li> <li>Stir fry vegetables</li> <li>Fresh veggie cup</li> <li>Mandarin oranges</li> <li>• Sun butter &amp; Jelly sandwich w/string cheese and pretzels</li> </ul>
Monday	Tuesday	Wednesday	Thursday	Friday
<b>Breakfast: Long john</b>	<b>Bagel/hardboiled egg</b>	<b>Muffin w/yogurt</b>	<b>French toast sticks</b>	<b>Toast w/string cheese</b>
<ul style="list-style-type: none"> <li>• Crisпитos w/cheese sauce</li> <li>• Hamburger</li> <li>Corn</li> <li>Fresh veggie cup</li> <li>Peaches</li> <li>• Lion Cub Meal</li> </ul>	<ul style="list-style-type: none"> <li>• Pancakes &amp; little smokies*</li> <li>• Stuffed cheese sticks</li> <li>Potato triangle</li> <li>Fresh veggie cup</li> <li>Orange wedges</li> <li>• Lion Cub Meal</li> </ul>	<ul style="list-style-type: none"> <li>• Taco with tortilla chips</li> <li>• Hot dog</li> <li>Lettuce &amp; tomato</li> <li>Refried beans</li> <li>Pears</li> <li>• Lion Cub Meal</li> </ul>	<ul style="list-style-type: none"> <li>• Popcorn chicken with b&amp;b sandwich</li> <li>• Chicken patty</li> <li>Mixed vegetables</li> <li>Fresh veggie cup</li> <li>Pineapple</li> <li>• Lion Cub Meal</li> </ul>	<ul style="list-style-type: none"> <li>• Mini corn dogs</li> <li>• Garlic cheese bread w/marinara sauce</li> <li>Green Beans</li> <li>Fresh veggie cup</li> <li>Grapes</li> <li>Sugar cookie</li> <li>• Sun butter &amp; jelly sandwich w/string cheese &amp; pretzels</li> </ul>
Monday	Tuesday	Wednesday	Thursday	Friday
<b>Breakfast: WG Poptart</b>	<b>Mini WG donuts</b>	<b>Pancake on a stick*</b>	<b>Breakfast burrito</b>	<b>Toast/hardboiled egg</b>
<ul style="list-style-type: none"> <li>• Pizza Crunchers</li> <li>• Hamburger</li> <li>Baked beans</li> <li>Fresh veggie cup</li> <li>Apple slices</li> <li>• Lion Cub Meal</li> </ul>	<ul style="list-style-type: none"> <li>• Chili w/saltine crackers</li> <li>• Stuffed cheese sticks</li> <li>Romaine blend lettuce &amp; tomato salad</li> <li>Fresh veggie cup</li> <li>Mandarin oranges</li> <li>• Lion Cub Meal</li> </ul>	<ul style="list-style-type: none"> <li>• Macaroni &amp; cheese w/cheese breadstick</li> <li>• Hot dog</li> <li>Peas &amp; carrots</li> <li>Fresh veggie cup</li> <li>Fruit juice slushies</li> <li>• Lion Cub Meal</li> </ul>	<ul style="list-style-type: none"> <li>• Fish sticks</li> <li>• Chicken patty</li> <li>Crinkle cut French fries</li> <li>Fresh veggie cup</li> <li>Orange wedges</li> <li>• Lion Cub Meal</li> </ul>	<ul style="list-style-type: none"> <li>• Chicken nuggets with b&amp;b sandwich</li> <li>• Garlic cheese bread w/marinara sauce</li> <li>Mashed potatoes &amp; gravy</li> <li>Fresh veggie cup</li> <li>Peaches</li> <li>• Sun butter &amp; jelly sandwich w/string cheese and pretzels</li> </ul>

• Entrée Choice

**Lion Cub Meal**

Fruit, yogurt, cheese, crackers and a veggie (including beans when on the menu)

**Sun Butter & Jelly sandwich** Peanut free option made with sunflower seeds

Menu Subject to Change without notice

\*May contain pork

This institution is an equal opportunity provider