

2016 – 2017
EXCELSIOR MIDDLE SCHOOL ATHLETIC SEASONS

You **must** have a physical examination prior to participating in any sport.
Approximate beginning dates for middle school sports are as follows.

7/8	Cross Country (boys & girls)	First day of school
7/8	Football (boys)	First day of school
7/8	Soccer (girls)	First day of school
7/8	Volleyball (girls)	First day of school
7/8	Tennis (boys)	First day of school
7/8	Basketball (boys)	October 12
7/8	Swimming (girls)	October 10
7/8	Swimming (boys)	November 30
7/8	Basketball (girls)	December 1
7/8	Wrestling (boys)	January 17
7/8	Track & Field (boys & girls)	March 21
7/8	Soccer (boys)	March 21
7/8	Tennis (girls)	March 21

All seasons will conclude at the completion of the schedule of contests.

Note: Starting dates are approximate and may vary depending on spring breaks.

Physicals are good for ONE year from the date of the physical examination by the doctor. You **must** have a current physical examination, concussion waiver and good conduct form turned in prior to participating in any sport. All completed forms should be turned into the Excelsior Middle School office.

