

## 7<sup>th</sup>/8<sup>th</sup> Grade ATHLETIC SEASONS

All students participating in school athletics must have the following forms on file before being allowed to practice or compete. All forms must be turned in the Oak Ridge Office. Do not give these directly to the coaches.

**STUDENTS WILL NOT BE ALLOWED TO PRACTICE UNTIL ALL REQUIRED FORMS ARE ON FILE IN THE OFFICE.**

Physical:	Valid for ONE year from the date of the physical examination by the doctor.
Concussion Waiver:	Valid for the current school year.
Good Conduct Policy:	Valid for the school-year listed on the form.
Health/Injury Info Card:	Valid for the school-year listed on the form.

### **Approximate dates for 7<sup>th</sup> and 8<sup>th</sup> Grade Sports Seasons:**

#### **BOYS:**

Football	August
Tennis	August
Cross Country	August
Basketball	October
Swimming	December
Wrestling	January
Soccer	March
Track/Field	March

#### **GIRLS:**

Cross Country	August
Soccer	August
Volleyball	August
Swimming	October
Basketball	December
Track/Field	March
Tennis	March