

High School Food Court
September 30- November 8
2019-2020

Student; Breakfast \$1.60/Lunch \$2.80
 Adult: Breakfast \$2.00/Lunch \$3.75
 Reduced Breakfast: \$.30; Lunch: \$.40
 USDA is an equal opportunity provider

(P) denotes pork product
 ½ pint milk served with each lunch
 Menu subject to change

<p>30</p> <p>French toast sticks Egg omelet Potato wedge Strawberries</p>	<p>October 1</p> <p>Chicken nuggets Dinner roll Mashed potatoes & Gravy Peaches</p>	<p>2</p> <p><u>Pastas:</u> Penne Spaghetti <u>Sauces:</u> Alfredo sauce Meatballs in sauce Breadstick Romaine salad mix Fresh veggies Tropical fruit</p>	<p>3</p> <p>Fish sandwich OR Hot and spicy chicken patty sandwich w/shredded lettuce and tomato Peas/carrots mix Applesauce</p>	<p>4</p> <p>Hot dog on a bun Baked beans Apple</p> 
<p>7</p> <p align="center">No School K-12</p>	<p>8</p> <p>Breaded chicken sandwich w/shredded lettuce and tomato Steamed broccoli & cheese sauce Applesauce</p>	<p>9</p> <p><u>Pastas:</u> Tortellini Rotini <u>Sauces:</u> Alfredo Meat sauce Breadstick Romaine salad mix Fresh veggies Pineapple</p>	<p>10</p> <p>Hamburger on a bun Sweet potato waffle fries Pears</p>	<p>11</p> <p>Pepperoni cheese bread OR Garlic cheese bread Romaine salad mix Fresh Melon Sugar cookie</p>
<p>14</p> <p>Grilled chicken sandwich OR BBQ rib^(P) sandwich w/shredded lettuce and tomato Baked beans Orange slices</p> <p align="center">National School Lunch Week!</p>	<p>15</p> <p>Chicken strips Homemade dinner roll Baked French fries Pineapple</p>	<p>16</p> <p><u>Pastas:</u> Penne Spaghetti <u>Sauces:</u> Alfredo sauce Meatballs in sauce Breadstick Romaine salad mix Fresh veggies Peaches</p>	<p>17</p> <p>Crispitos served w/cheese sauce Shredded lettuce, diced tomatoes Tater tots Grapes</p>	<p>18</p> <p>Philly cheese steak sandwich w/choice of beef or chicken Fajita vegetables Corn Mixed fruit</p>
<p>21</p> <p>Walking taco Served with chips, lettuce, tomato & cheese Refried Beans Kiwi & grapes</p>	<p>22</p> <p>Popcorn chicken Fresh bread Mixed vegetables Strawberries</p>	<p>23</p> <p><u>Pastas:</u> Tortellini Rotini <u>Sauces:</u> Alfredo Meat sauce Breadstick Romaine salad mix Fresh veggies Pears</p>	<p>24</p> <p>Mandarin orange chicken Seasoned brown rice Chicken/Vegetable egg roll Stir fry vegetables Mandarin oranges</p>	<p>25</p> <p>Pizza crunchers Green beans Romaine salad Fresh melon Chocolate chip cookie</p>


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<p>28</p> <p style="text-align: center;">No School K-12</p>	<p>29</p> <p style="text-align: center;">Chicken nuggets Dinner roll Mashed potatoes & Gravy Peaches</p>	<p>30</p> <p style="text-align: center;"><u>Pastas:</u> Penne Spaghetti <u>Sauces:</u> Alfredo sauce Meatballs in sauce Breadstick Romaine salad mix Fresh veggies Tropical fruit</p>	<p>31</p> <p style="text-align: center;">Fish sandwich OR Hot and spicy chicken patty sandwich w/shredded lettuce and tomato Peas/carrots mix Applesauce</p>	<p>November 1</p> <p style="text-align: center;">Hot dog on a bun Baked beans Apple</p> <div style="text-align: right;">  </div>
<p>4</p> <p style="text-align: center;">No School K-12</p>	<p>5</p> <p style="text-align: center;">Breaded chicken sandwich w/shredded lettuce and tomato Steamed broccoli & cheese sauce Applesauce</p>	<p>6</p> <p style="text-align: center;"><u>Pastas:</u> Tortellini Rotini <u>Sauces:</u> Alfredo Meat sauce Breadstick Romaine salad mix Fresh veggies Pineapple</p>	<p>7</p> <p style="text-align: center;">Hamburger on a bun Sweet potato fries Pears</p>	<p>8</p> <p style="text-align: center;">Pepperoni cheese bread OR Garlic cheese bread Romaine salad mix Fresh Melon Sugar cookie</p>

