

**Healthy Kids Act
Physical Activity Record
2016-2017**

In 2008 the Iowa Legislature enacted the Healthy Kids Act, requiring schools to document that students in grades 6-12 get a minimum of 2 hours of physical activity per week during the school year.

Note: This is NOT the COMPASS Physical Education contract.

Please fill out the record below, sign (both student and parent/guardian) and return this form to COMPASS. Please call 730-3620 with any questions.

Name of student _____

Grade _____

Activities student will be involved in during the 2016-2017 school year:

Activity	Estimated hours/week	Quarter
Physical Education	3	_____
Work	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____

Student signature _____ Date _____

Parent/guardian signature _____ Date _____

Program Administrator signature _____ Date _____