

Daily breakfast includes listed menu item, cereal/oatmeal, 100% juice/fruit & milk.

(P) denotes pork product

½ pint milk served with each lunch

Menu subject to change

Excelsior & Oak Ridge Middle School Breakfast/Lunch Menu March 25 - May 17 2019

Lunch K-5: \$2.60; 6-8: \$2.65
9-12: \$2.70; Breakfast K-12: \$1.50
Adult: Breakfast \$1.70/Lunch \$3.65
Reduced Breakfast: \$.30; Lunch: \$.40
USDA is an equal opportunity provider

<p>March 25 BKF: Grape crescent Stuffed cheese sticks w/marinara Romaine salad w/tomatoes Fresh veggie mix Pineapple chunks Fresh fruit variety Hot dog bar w/baked beans Salad bar</p>	<p>March 26 BKF: Mini waffles Crispitos w/ cheese sauce Tater tots Fresh veggie mix Fresh orange slices Fresh fruit variety Hamburger bar w/corn Salad bar</p>	<p>March 27 BKF: Egg omelet w/toast Chicken strips Fresh baked bread French fries Fresh veggie mix Pears Fresh fruit variety Sandwich bar Salad bar</p>	<p>March 28 BKF: Long john Pork tenderloin sandwich^(P) Sunshine carrots Cuke/pepper/carrot mix Mixed fruit Fresh fruit variety Yogurt bar Salad bar</p>	<p>March 29 BKF: Bagel bites Personal pan pizza (cheese/pepperoni) Romaine salad w/tomatoes Fresh veggie cup Applesauce Fresh fruit variety Potato bar Salad bar Chocolate chip cookie</p>
<p>April 1 BKF: Combo bar^(P) Lasagna roll up w/meat sauce Breadstick Green beans Romaine salad w/tomatoes Fresh veggie mix Peaches Fresh fruit variety Hot dog bar w/baked beans Salad bar</p>	<p>April 2 BKF: Pancake on stick^(P) Mandarin orange chicken w/rice Dinner roll Stir fry vegetables Fresh veggie mix Mandarin oranges Fresh fruit variety Hamburger bar w/corn Salad bar</p>	<p>April 3 BKF: French toast sticks Spicy chicken sandwich OR Fish sandwich Baked beans Fresh veggie mix Pineapple Fresh fruit variety Sandwich bar Salad bar</p>	<p>April 4 BKF: Waffle sticks Pancakes & little smokies^(P) Tater tots Fresh veggie mix Strawberries Fresh fruit variety Yogurt bar Salad bar</p>	<p>April 5 BKF: Cinnamon roll Corn dog Sweet potato fries Fresh veggie mix Fruit juice slushie Fresh fruit variety Quesadilla bar Salad bar</p>
<p>April 8 BKF: Breakfast burrito Mac & cheese W/stuffed cheese sticks Tater tots Romaine salad w/tomatoes Fresh veggie mix Applesauce Fresh fruit variety Hot dog bar w/baked beans Salad bar</p>	<p>April 9 BKF: Mini pancakes Popcorn Chicken Fresh baked bread Mashed potatoes/gravy Fresh veggie mix Pineapple Fresh fruit variety Hamburger bar w/corn Salad bar</p>	<p>April 10 BKF: Breakfast sandwich Rotini w/meatballs & sauce W/ stuffed cheese sticks Romaine salad w/tomatoes Fresh veggie mix Pears Fresh fruit variety Sandwich bar Salad bar</p>	<p>April 11 BKF: Cheese Danish Tacos w/tortilla or corn shells Refried beans Shredded lettuce/diced tomato Cuke/pepper/carrot mix Kiwi and grapes Fresh fruit variety Yogurt bar Salad bar</p>	<p>April 12 BKF: Breakfast Pizza^(P) Cheese or Pepperoni french bread Steamed peas Fresh veggie mix Mandarin oranges Fresh fruit variety Potato bar Salad bar White cake</p>
<p>April 15 BKF: Grape crescent Chicken parmesan Spaghetti noodles W/stuffed cheese sticks Romaine salad w/tomatoes Fresh veggie mix Peaches Fresh fruit variety Hot dog bar w/baked beans Salad bar</p>	<p>April 16 BKF: Mini waffles French toast sticks Egg omelet Potato wedges Fresh veggie mix Strawberries Fresh fruit variety Hamburger bar w/corn Salad bar</p>	<p>April 17 BKF: Egg omelet w/toast Beef nachos w/tortilla chips Corn Shredded lettuce/diced tomato Fresh veggie mix Mixed fruit Fresh fruit variety Sandwich bar Salad bar</p>	<p>April 18 BKF: Long john Pizza Crunchers Steamed broccoli Cuke/pepper/carrot mix Fruit juice slushie Fresh fruit variety Yogurt bar Salad bar</p>	<p>NO SCHOOL K-8</p>

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<p>April 22 BKF: Combo bar^(P) Stuffed cheese sticks w/marinara Romaine salad w/tomatoes Fresh veggie mix Pineapple chunks Fresh fruit variety Hot dog bar w/baked beans Salad bar</p>	<p>April 23 BKF: Pancake on stick^(P) Crispitos w/ cheese sauce Tater tots Fresh veggie mix Fresh orange slices Fresh fruit variety Hamburger bar w/corn Salad bar</p>	<p>April 24 BKF: French toast sticks Chicken strips Fresh baked bread French fries Fresh veggie mix Pears Fresh fruit variety Sandwich bar Salad bar</p>	<p>April 25 BKF: Cheese Danish Pork tenderloin sandwich^(P) OR Fish Sandwich Green beans Cuke/pepper/carrot mix Mixed fruit Fresh fruit variety Yogurt bar Salad bar</p>	<p>April 26 BKF: Cinnamon roll Personal pan pizza (cheese/pepperoni) Romaine salad w/tomatoes Fresh veggie cup Applesauce Fresh fruit variety Potato bar Salad bar Chocolate chip cookie</p>
<p>April 29 BKF: Breakfast burrito Lasagna roll up w/meat sauce W/cheese stuffed sticks Green beans Romaine salad w/tomatoes Fresh veggie mix Peaches Fresh fruit variety Hot dog bar w/baked beans Salad bar</p>	<p>April 30 BKF: Mini pancake's Mandarin orange chicken w/rice Dinner roll Stir fry vegetables Fresh veggie mix Mandarin oranges Fresh fruit variety Hamburger bar w/corn Salad bar</p>	<p>May 1 BKF: Breakfast sandwich Chicken patty sandwich OR Spicy chicken patty Sandwich Baked beans Fresh veggie mix Pineapple Fresh fruit variety Sandwich bar Salad bar</p>	<p>May 2 BKF: Apple strudel Pancakes & little smokies^(P) Tater tots Fresh veggie mix Strawberries Fresh fruit variety Yogurt bar Salad bar</p>	<p>May 3 BKF Breakfast pizza^(P) Corn dog^(P) Sweet potato fries Fresh veggie mix Fresh fruit slushie Fresh fruit variety Quesadilla bar Salad bar</p>
<p>May 6 BKF: Grape crescent Creamy Mac & cheese W/cheese stuffed sticks Tater tots Romaine salad w/tomatoes Fresh veggie mix Peaches Fresh fruit variety Hot dog bar w/baked beans Salad bar</p>	<p>May 7 BKF: Cheese Danish Popcorn Chicken Fresh baked bread Mashed potatoes/gravy Fresh veggie mix Mixed fruit Fresh fruit variety Hamburger bar w/corn Salad bar</p>	<p>May 8 BKF: egg omelet w/toast Rotini w/meatballs & sauce W/cheese stuffed sticks Romaine salad w/tomatoes Fresh veggie mix Pears Fresh fruit variety Sandwich bar Salad bar</p>	<p>May 9 BKF: Long john Tacos w/tortilla or corn shells Refried beans Shredded lettuce/diced tomato Cuke/pepper/carrot mix Kiwi and grapes Fresh fruit variety Yogurt bar Salad bar</p>	<p>May 10 BKF: Bagel bites Cheese or Pepperoni french bread Steamed peas Fresh veggie mix Mandarin oranges Fresh fruit variety Potato bar Salad bar White cake</p>
<p>May 13 BKF: Combo bar^(P) Chicken parmesan Spaghetti noodles W/cheese stuffed sticks Romaine salad w/tomatoes Fresh veggie mix Peaches Fresh fruit variety Hot dog bar w/baked beans Salad bar</p>	<p>May 14 BKF: Pancake on stick^(P) French toast sticks Egg omelet Potato wedges Fresh veggie mix Fresh fruit slushie Fresh fruit variety Hamburger bar w/corn Salad bar</p>	<p>May 15 BKF: French toast sticks Beef nachos w/tortilla chips Corn Shredded lettuce/diced tomato Fresh veggie mix Mixed fruit Fresh fruit variety Sandwich bar Salad bar</p>	<p>May 16 BKF: Waffle sticks Pizza Crunchers Steamed broccoli Cuke/pepper/carrot mix Fresh sliced apples Fresh fruit variety Yogurt bar Salad bar</p>	<p>May 17 BKF: Cinnamon roll Teriyaki chicken w/rice Dinner roll Stir fry vegetables Fresh veggie mix Pineapple Fresh fruit variety Quesadilla bar Salad bar</p>