

OVERVIEW

The activities program is an integral part of our school. Research indicates that students who are involved in activities have fewer discipline problems, get better grades, have better attendance, and a higher completion rate. The experiences students have in our programs also play a significant role in their perceptions of the school. All students are encouraged to become involved in Linn-Mar High School's extra-curricular activities program.

Our goal is to actively engage student/athletes in activities in order to support our district mission to develop responsible, productive citizens.

Over 85% of Linn-Mar students participated in the extra-curricular program during the 2015-16 school year.



LINN-MAR ATHLETICS

(Athletic Directors: David Brown & Tonya Moe)

The athletic program at LMHS is an integral part of the educational program. The experiences students have in our programs play a significant role in their perceptions of school.

Linn-Mar High School has been a member of the Mississippi Valley Conference (MVC) since 1986. LMHS is also a member in good standing with the Iowa High School Athletic Association and the Iowa Girls' High School Athletic Union. 9th, 10th, JV and Varsity teams are offered in most sports.

The "LIONS" have won many MVC team titles and team state championships. In the past year, Linn-Mar athletes qualified for state events in Girls & Boys Track, Wrestling, Cheerleading, Football, Pom Poms, Girls & Boys Swimming, Girls & Boys Cross Country, Boys Soccer, Girls & Boys Golf, Girls Basketball, and Girls & Boys Tennis.

Linn-Mar also received the MVC Divisional Sportsmanship Trophy in the 1995 & 1996 (spring), 1999-2000 & 2000-01 (winter), 2004 (fall), 2012 (spring), 2015-1016 (winter) sports seasons. Linn-Mar won the MVC All-Sports Trophy for boys in 2004-05, 2009-10, 2010-11, 2011-12, 2012-13, 2013-14, 2014-15, and 2015-2016 and for girls in 2009-10, 2010-11, 2011-12, and 2013-14.

Sign-ups and information are available in the Athletic Office.

See all sports schedules at www.mississippivalleyiowa.org.

Athletic Programs (Head Varsity Coach)

Baseball – *Chad Lechner* (May – July)

Girls' Basketball – *Jamie Brandt* (Nov. – Mar.)

Boys' Basketball – *Chris Robertson* (Nov. – Mar.)

Football – *Bob Forsyth* (Aug. – Nov.)

STUDENT-RUN ORGANIZATIONS

Linn-Mar High School encourages students to create and maintain activities that are positive and encourage student participation and growth. If you have an idea for a new group, you must have a faculty/staff supervisor and receive administrative approval to begin such an organization. Come to the main office if you'd like more information.

Current Student-Run Organizations (Supervisor)

Anime Club (Leeanne Rodriguez)

Youth for Christ (Theresa Gail)

Project Unify (Ginger Halverson)

Cocoa Club (Lisa Mooney)

Armed Services Club (Sue Pfau)

LM Magazine Club (Jeanne Turner)

Students for Progress (Jeanne Turner)

Writer's Inc. (Kathleen Kelley)

ALO (Accountability, Leadership, Opportunity)
(Janessa Walters)

PEER FACILITATORS
(TBD)

Peer teaches students to learn, practice and apply skills used to help others, such as listening, responding and giving feedback. It also gives members opportunities to be mentors, tutors, mediators, or role models for other students in the district. Peer members may be required to attend some training sessions before school. Peer also sponsors fund-raising activities during the year. Membership is open to 10th, 11th, and 12th grade students.

NATIONAL HONOR SOCIETY
(Andrew Branan)

National Honor Society is a high school organization sponsored by the National Association of Secondary School Principals. The purpose of the organization is to create an enthusiasm for scholarship, to stimulate a desire to render service, to promote leadership and to develop character.

Students become eligible to apply their junior or senior year. An accumulative GPA of 3.6 is required. Character, Leadership, Scholarship and Service have specific criteria for acceptance. Letters of eligibility are sent in June & applications are reviewed by Linn-Mar faculty. Induction is held in October of each year. Seniors may apply in January again if not selected in the Fall.

The Linn-Mar Chapter has a contract with the Linn County Adopt-A-Highway program to clean the roadway along North 10th Street twice a year. Members are also required to assist in the collection of recyclable materials. In addition, our chapter has also organized blood drives, as well as an annual fund-raising activity each year.

Girls Bowling – *Jeremy Moser* (Nov.- March)

Boys Bowling – *Robert Wyant* (Nov. – March)

Cheerleading (Aug – March)

Erin Taylor/Becky Youngkent/Christy Martin

Girls' Cross Country – *Todd Goodell* (Aug. – Oct.)

Boys' Cross Country – *Kyle Hoffman* (Aug. – Oct.)

Girls' Golf – *TBD* (March – May)

Boys' Golf – *TBD* (Aug. – Oct.)

Pom Pons – *Jennifer Hammes* (Aug. – Feb.)

Girls' Soccer – *Marco deLeon* (Mar. – June)

Boys' Soccer – *Corey Brinkmeyer* (March – June)

Softball – *John Begley* (May – July)

Girls' Swimming – *Chad Derlein* (Aug. – Nov.)

Boys' Swimming – *Tom Belin* (Nov. – Feb.)

Girls' Tennis – *Stacie Carpenter* (Mar. – May)

Boys' Tennis – *Chris Wundram* (Mar. – May)

Girls' Track – *Nathan Hopp* (Feb. – May)

Boys' Track – *Kyle Hoffman* (Feb. – May)

Volleyball – *Teresa Bair* (Aug. – Nov.)

Wrestling – *Doug Streicher* (Nov. – Feb.)

LINN-MAR ACTIVITIES

(Activities Directors: Kim Buelt/Mark Hutcheson)

Linn-Mar High School offers a wide variety of activities. The purpose of the activities program is to provide development through learning opportunities in a variety of different activities. Fine arts, organizations and clubs comprise the activities program. Certain activities require auditions for membership while others accept any student on a drop-in basis.

LINN-MAR FINE ARTS

Almost one half of the student body is involved in the school's fine arts program. Linn-Mar fine arts programs have achieved high honors at all levels. For state contests, Linn-Mar participates in the large-school class. Linn-Mar students have access to one of the finest high school performing arts facilities in the state.

DRAMA

(Marcia Smith, various directors)

Linn-Mar Drama involves major school shows each year (fall, winter, spring). The emphasis is on acting during rehearsal for each show. The fall show is a children's theatre. The spring show is a musical. Tryouts for each show are open to all students. There is also a Freshman Play that is only for 9th graders, which is in the Fall.

DRAMA TECHNICIANS

(Mark Bugenhagen)

Drama "Tech" is devoted to training students in production for the major drama productions. Areas involved are set construction, makeup, costumes, lighting, sound, rigging, publicity and props. This group is open to all students. Students may be involved in all shows or individual shows.

MODEL UNITED NATIONS

(Hank Gehrls)

Model UN is open to all Linn-Mar High School students. In Model UN students represent different countries in a simulation of the United Nations. Research and public speaking skills are practiced and students have fun meeting over 600 other students from across the state at spring and fall conferences.

SPECTRUM

(Kat Power)

Spectrum is a student-run alliance of gay and straight students who are dedicated to creating a safe and comfortable environment for all members of Linn-Mar High School. Through education and open discussion, students work to foster awareness and understanding of the challenges faced by people of diverse sexual orientations. Spectrum members meet weekly, organize events, attend statewide conferences and network with alliances from metro area schools and the metro area.

INSTRUMENTAL MUSIC

Linn-Mar offers many different opportunities to participate in Instrumental Music. Free lessons are offered.

BAND

(Aaron Nuss, Dan Terrell, Jen Tiede)

The “Marching Lions” perform at football games, two parades and various contests during the fall. Any 10-12 band members may elect to be in the “Marching Lions”, as well as a few selected freshmen. Auditions are held for those wishing to be drum majors. Color Guard squad requires an audition as well.

Wind Ensemble, Wind Symphony, Symphonic Band and Freshmen Band perform three concerts during the year and participate in State Large Group Contest. Each band member auditions for band and chair placement. Participation in state Solo/Ensemble contest is optional. Auditions for All-State Band and various honor bands are optional

Colton Center Jazz, Jazz I, Jazz II and Fresh. Jazz Bands are also offered outside of the school day. Auditions are held and many concert, contest and event performances are held.

A Wind section is also an opportunity for band students to perform with the Linn-Mar Philharmonic.



Linn-Mar High School was honored as a Grammy Signature School in 2006 and 2009 by the Grammy Award Foundation.

LINN-MAR “LIFE”

(Dee Wesbrook)

The *Life* is published four times a year and is free to Linn-Mar students. Normally, juniors and seniors work on the paper, but eligible sophomores are also welcome to participate. The prerequisite for the *Life* staff is passing Journalism I with a B or higher grade and/or teacher permission.

STUDENT COUNCIL

(Karla Blakely, Honey Sue Heater)

The Student Council is comprised of elected representatives from each class, as well as pledge members who “earn” their way into full membership, and coalition members who represent school-sponsored clubs and organizations. The purpose of Linn-Mar’s Student Council is to promote student and staff participation in school activities that promote school spirit and help provide a positive high school experience for all members of Linn-Mar High School. Student Council members have the opportunity to participate in experiences dealing with service, responsibility, leadership development, fundraising and the democratic process. Members may participate in the state-wide Iowa Student Leadership Conference sponsored by the School Administrators of Iowa and Iowa Association of Student Councils.

YEARBOOK
(Jo Middlekauff)

Linn-Mar's Medallion Yearbook Staff is comprised of students who have taken Journalism and wish to further their experience with school publications. The yearbook staff produces a yearbook which aims to represent the student body in the areas of student life, academics, sports, clubs and organizations and people. Students work as writers and reporters, photographers, designers, desktop formatters and editors.

Yearbook members receive training in summer workshops and camps as well as in class and through work sessions outside of the normal school day.

VOICE
(Sarah Kelley)

Linn-Mar celebrates and recognizes the value of diversity within our school. The group is committed to enhancing communication, understanding and harmony among all people. VOICE organizes Diversity Days in our school. Linn-Mar VOICE received the Prism Award for the state of Iowa in 1999.

MATH TEAM
(Dave Schmitt)

The Math Team participates in the Eastern Iowa Math League. Competitions are held, mainly, on Saturdays. The team is organized by the Math department at Linn-Mar. The Linn-Mar Math Team qualified for regionals in Kansas City in 2001, 2003, 2008, and 2010 and has enjoyed success at the annual state competition. Meetings are held weekly.

ORCHESTRA
(Joshua Reznicow, Thad Sentman)

Symphonic Orchestra and *Symphonic Strings* perform in four concerts throughout the school year. In addition they participate in State Large Group Contest and have participated in other contests and performances. Opportunities for chair placement take place at the beginning of each semester. Performance in Linn-Mar's Solo and Ensemble Night is mandatory for all students. Auditions for the All-State Orchestra and various honor groups are optional. Participation in the State Solo and Ensemble Contest is required for students wanting to audition for the Iowa All-State Orchestra. String members also have the opportunity to perform with members of the band in creating a full Orchestra ensemble.

CHAMBER ORCHESTRA
(Joshua Reznicow, Thad Sentman)

Any student enrolled in either Symphonic Orchestra or Symphonic Strings is eligible to audition for the Chamber Orchestra. The Linn-Mar Chamber Orchestra is an extra-curricular ensemble. Students are selected by audition with most students coming from the upper two grade levels. This group is the most advanced Orchestra at Linn-Mar High School, and currently rehearses before school on Tuesday and Thursday mornings. The mission of the Chamber Orchestra is to give our string students an opportunity to stretch their skills while performing more challenging and complicated music written for collegiate or professional level player. The Chamber Orchestra and the Concert Chorale annually perform a Masterworks Concert featuring senior soloists and a larger work featuring both ensembles.

VOCAL MUSIC

(Bob Anderson, Trent Buglewicz, Jaclyn Hussey)

Ninth Grade Choir and Tenth Grade Choir perform in at least four concerts per year and compete in State Large Group Contest in the spring. Chamber Singers, Concert Chorale, Bella Voce and Cantemus are all audition groups. Several required concerts and competitions are held throughout the year for both of these choirs.

SHOW CHOIR

(Bob Anderson, Trent Buglewicz, Jaclyn Hussey)

Students must be involved in a vocal music ensemble in order to audition for any of the show choirs.

High-Style

High-Style is a prep show choir for In-Step, comprised of students in grades 9 through 12. A singing and choreography tryout process is required. High-Style performs in several concerts throughout the year and competes in one or two competitions.

In-Step

In-Step is a prep show choir for 10th Street Edition comprised of students in grades 9 through 12. A singing and choreography tryout process is required. In-Step performs in several concerts throughout the year and competes in several competitions and the Fab Five Show in the spring.

10th Street Edition

A more vigorous and tougher tryout process is required before being chosen for 10th Street Edition. 10th Street Edition also performs in several concerts throughout the year. They compete in approximately six competitions throughout the winter and spring. 10th Street Edition also represents Linn-Mar at the Fab Five Show each spring

S.O.D.A.

(STUDENTS OK WITHOUT DRUGS AND ALCOHOL)

(Kevin McCauley, Todd Goodell, Tonya Moe)

SODA is a drug free social organization. SODA has monthly meetings and activities including a Tailgate Party, Fall Movie Party, Co-ed Volleyball, Holiday Lunch, SODA night at a basketball game, Spring Picnic, Spring Party, Iowa Hold 'em Tournament, and a Ping Pong Tournament. Students wanting to be a member of SODA need to sign a pledge at the beginning of each school year stating they will be drug and alcohol free. SODA received the FINE award in 1996, presented at the National Student Assistance Conference in 1997, and received a Ten-Year Service Award in 2001.

T.R.Y.

(TEENS REACHING YOUTH)

(Kevin McCauley, Mike Shipley)

TRY provides information on healthy lifestyles such as class lessons, tutoring, mentoring, and reading to Linn-Mar's K-8 students. To be a member of TRY a student needs to be a member of SODA for at least one year and complete an application in the spring of each year. TRY also gives Lean On Me presentations to 5th-8th grade students on bullying and harassment. Once a member of TRY, a student is a member for his/her entire high school career. TRY is also involved in many service activities in the Linn-Mar community.

L-M Alliance

(Lisa Mooney)

L-M Alliance is a support group for students with depression or anxiety symptoms as well as student advocates. Meetings take place in Mrs. Mooney's office, I219, on Thursday mornings before school. Students share and learn positive coping skills, discuss methods of challenging the stigma of mental illness, and plan the annual Depression Awareness Day.

STUDENT AMBASSADORS

(Pete Martin)

Student Ambassadors volunteer as tour guides, greeters and representatives of Linn-Mar High School at various event, including parent open house and conferences.

Homecoming Royalty/Class Representative

(Karla Blakely, Honey Sue Heater)

Selected candidates and class representatives (via ballot prior to Homecoming week) participate in the Homecoming Parade, coronation activities and at the football game. Students with a extra-curricular violation since the last year's homecoming event are not eligible for this activity.

LMTV

(Kevin Fry)

LMTV is LMHS's closed-circuit television station. Working with all organizations on campus, as well as building & district administrators, LMTV provides a complete look at everything happening at LMHS. LMTV News is recorded each morning before school at 7:15 in our Multimedia Communications Studio Room J-201. Students direct, produce, and anchor the daily broadcast which is presented to the school at 8:30 AM, and is also available through the district website.

Students also update LMTV social media outlets as well as information posted on video monitors throughout the school. LMTV also provides live coverage of sporting events and video assistance for drama and music programs. It is directly tied to the weekly LMTV programs produced at the district's middle schools. LMTV also works with the Contest Speech team in statewide competition in the areas of Short Film Production and Radio and TV Newscasting.

Interested students are encouraged to attend a taping of the morning broadcast. Students receive CORDS volunteer hours for their participation.

Fellowship of Christian Athletes

(Bill Hoefle, Matt Casebolt, Sue Atwater)

FCA-Fellowship of Christian Athletes is a student lead ministry that gives athletes the opportunity to share God's word with integrity. The group meets every other Thursday morning before school from 8-8:35am. We provide juice and bagels. Come join us and be apart of the team!!

THESPIANS

(Marcia Smith)

Thespians is an honor club for drama students. It is part of the International Thespians Society. Students who have donated 100 hours of their time to drama have the opportunity to join Thespian Troupe 680. Thespians have the opportunity to attend several professionally produced plays each year, as well as other activities arranged specifically for Thespians. The Thespians have also presented a Dinner Theatre the last several years.

CONTEST SPEECH

(Ann Fry, Kevin Fry, Darlene Johnson)

Contest speech is open to all Linn-Mar High School students. We compete in the Iowa High School Speech Association competitions and festivals. Areas for performance are dramatic and comedic acting, improvisation, short plays, mime and individual speaking events in front of judges. Opportunities in Large Group and Individual speech are offered. There are also specific groups just for Freshmen participants. Last year, Linn-Mar had both Large Group and Individual All-State performers.

FBLA
(Dana Lampe)

Future Business Leaders of America is an organization for students interested in developing leadership skills. Meetings are held monthly, and social events occur several times during the year. Members attend conferences in Iowa, throughout the Midwest, and occasionally the national conference in June/July at a major city. One of the main activities is to participate in the state leadership conference in April. FBLA co-sponsors the Sweetheart Dance and also raises funds with a popular Linn-Mar boy-girl computer matching survey.

FFA
(Barb Lemmer)

The National FFA mission statement is to develop premiere leadership, personal growth and career success through agricultural education. The Linn-Mar FFA chapter meets this statement by sending members to leadership contests and conferences. The only requirement to join FFA is that you want to open your horizons. There are many opportunities that FFA has to offer, such as attending National Convention, meeting people from around the world, developing skills that will last a lifetime and making friends in the organization. In FFA you have the opportunity to participate in an international exchange program ranging from three weeks to a year. Also, many contests involving career skills that allow members to specialize in their area of interest. The FFA organization is not just about farming but about developing skills that will benefit you as you travel the path of life.

KEY CLUB
(David Kennedy, Danielle Patterson)

This community service club is open to students in grades 9 through 12. Meetings are held monthly. Many service projects are planned each year and assist the local Kiwanis Club in other opportunities for community service. Social activities for club members are held once per quarter.

ROBOTICS
(Dan Niemitalo)

Linn-Mar Robotics designs and builds a robot for regional and national competition. They also build projects that benefit the local community. The team dedicates fourteen weeks a year to compete in US FIRST Robotics Competition, and works on community service through volunteer projects throughout the rest of the year. Team 967 originated in 2001 and has received many FIRST competition awards. Check us out on the web at www.lmrobotics.com. To join, a student must fill out an application and a resume. Each student will be interviewed before the application process is complete.

INTRAMURAL ACTIVITIES
(PE Instructors)

Intramural activities are offered at Linn-Mar throughout the year. Basketball and other sports are offered as intramural activities. Intramural activities are a fun atmosphere and a chance for anyone to participate regardless of skill level.

PROM
(Sheri Crandall)

Prom is organized and sponsored by a student committee from the Junior class. Members of the committee help make all decisions about Prom, including the areas of decorations, picture backgrounds, Grand March, tickets, etc. You will be responsible for attending committee meetings, serving on a Prom sub-committee, finding parent chaperones and decorating.

CORDS
(Kyle Becker)

CORDS is a program that recognizes seniors at graduation if they meet the goal of 160 hours of volunteer service to the Linn-Mar district during their four years at Linn-Mar High School. A staff member in the Linn-Mar district must verify the volunteer hours in order for them to be eligible for CORDS. The hours cannot be for required activities in other organizations at Linn-Mar. All students can participate in this program that recognizes our student volunteers. Students are responsible for the documentation of their volunteer hours. This program is sponsored by the Linn-Mar Booster Club.

FRENCH CLUB
(Sherri Condon)

This French department club involves students with an interest in French language and culture. A few social activities and fundraisers are planned throughout the year. Opportunities for travel to France have occurred periodically in past years.

VISUAL ART CLUB
(Angie White)

This club meets after school to allow students the opportunity to work in a social environment on various individual and group art projects. Students have participated and sponsored school events with the Visual Art Department.

SCIENCE CLUB
(Laura Azelborn)

This club meets regularly to plan activities for students interested in many different areas of science. Activities vary depending upon student interest, but can include Science Quiz Bowl. The club has before & after school activities, takes day trips, and has taken a summer trip to Costa Rica twice in the past.

LM BUDDIES
(Ginger Halverson)

The club creates social activities for students with intellectual and developmental disabilities & mentor buddies. The club also allows students to be paired up individually or in small groups as mentors/friends with a student with a disability

The club meets after school one day a month to participate in activities. Some of these activities include movies, crafts, games, bowling, group challenges, and making cookies.