

# Linn-Mar Middle Schools Voluntary Instruction

April 27-May 1

7th Grade

# Math- *Pre Algebra*

*Algebra students, please check with your teacher*

Standard: Pythagorean Theorem (Simplifying Square Roots)

Lessons 9.2 Review

1. Complete Worksheet B
2. Refer to last week's videos and notes

See teacher [Google Classrooms](#)/[Microsoft Teams](#) pages for worksheets, videos, etc.

# Math- *Pre Algebra A*

*Algebra students, please check with your teacher*

Standard: Solve Multi-Step Equations and Inequalities

Lesson 11.3 Activities:

1. View Videos
2. Complete Distributive Property and Combining Terms Review Worksheet
3. Read through Know-it-Notebook Sheets
4. Read through Review for Mastery
5. Complete Worksheet A

See teacher [Google Classrooms](#)/[Microsoft Teams](#) pages for worksheets, videos, etc.

# Reading and Language Arts

Focused Standards for the week: RI 7.2: Determine and analyze central ideas of a text and W7.1: Write arguments to support claims.

Complete three activities from the Literacy Choice Board! Send any responses to your reading or language arts teacher so that we can see the hard work that you've done. Choose at least one activity from each color!

[Link to this week's choice board](#)

**\*\*Be sure to check [Google Classroom](#) for messages and more specific directions from your teachers. Please email us with any questions.\***

## Oak Ridge Teachers

Christy Good- [cgood@linnmar.k12.ia.us](mailto:cgood@linnmar.k12.ia.us)  
Brittney Hagmeier- [bhagmeier@linnmar.k12.ia.us](mailto:bhagmeier@linnmar.k12.ia.us)  
Ryan Shaffer- [rshaffer@linnmar.k12.ia.us](mailto:rshaffer@linnmar.k12.ia.us)

## Excelsior Teachers

Emily Burmeister- [eburmeister@linnmar.k12.ia.us](mailto:eburmeister@linnmar.k12.ia.us)  
Lana Cronk- [lcronk@linnmar.k12.ia.us](mailto:lcronk@linnmar.k12.ia.us)  
Katie Gaffney- [kathleen.gaffney@linnmar.k12.ia.us](mailto:kathleen.gaffney@linnmar.k12.ia.us)  
Dana Bekebrede- [dana.bekebrede@linnmar.k12.ia.us](mailto:dana.bekebrede@linnmar.k12.ia.us)  
Julie Pfeiffer- [jpfeiffer@linnmar.k12.ia.us](mailto:jpfeiffer@linnmar.k12.ia.us)

# TAG Literacy

Hi TAG Students!

This week we continue reviewing figurative language using songs. You get to be the artist and write your own song this week!

Please see [Google Classroom](#) for this week's assignments.

Questions? We would love to help you! Email us!

[marikaye.travis@linnmar.k12.ia.us](mailto:marikaye.travis@linnmar.k12.ia.us) (Excelsior)

[JBrase@linnmar.k12.ia.us](mailto:JBrase@linnmar.k12.ia.us) (Oak Ridge)

# Science

**Theme for the Week:** Seasons and Eclipses

Please email your teacher if you have any questions:

Natalie Peyton: [natalie.peyton@linnmar.k12.ia.us](mailto:natalie.peyton@linnmar.k12.ia.us)

Courtney Bortle: [cbortle@linnmar.k12.ia.us](mailto:cbortle@linnmar.k12.ia.us)

Hannah Byrkeland: [hannah.byrkeland@linnmar.k12.ia.us](mailto:hannah.byrkeland@linnmar.k12.ia.us)

Andy Strottman: [astrottman@linnmar.k12.ia.us](mailto:astrottman@linnmar.k12.ia.us)

Matt Gasper: [mgasper@linnmar.k12.ia.us](mailto:mgasper@linnmar.k12.ia.us)

**Oak Ridge:**

See [Google Classroom](#)

**Excelsior:**

[Link to Tic-Tac-Toe](#)

# Social Studies

**Standard: SS.7.13 Identify social, political, and economic factors that can influence our thoughts and behavior**

Please see your teacher's [Google Classroom](#) for this week's assignment. Assignments will be posted each Monday by noon.

Please email us with any questions

Beth Goldberg [bgoldberg@linnmar.k12.ia.us](mailto:bgoldberg@linnmar.k12.ia.us)

Chad Gerdes [cgerdes@linnmar.k12.ia.us](mailto:cgerdes@linnmar.k12.ia.us)

Alex Hajek [ahajek@linnmar.k12.ia.us](mailto:ahajek@linnmar.k12.ia.us)

Josh Battern [jbattern@linnmar.k12.ia.us](mailto:jbattern@linnmar.k12.ia.us)

Hannah Byrkeland [hannah.byrkeland@linnmar.k12.ia.us](mailto:hannah.byrkeland@linnmar.k12.ia.us)

**This week students will read an article from the Des Moines register from 1918. Next, they will be asked to identify the social, political and economic impacts that occurred in Iowa during the Influenza Pandemic.**

# PE

Monday <a href="#">Heart Challenge Day 1</a>	Tuesday <a href="#">Heart Challenge Day 2</a>	Wednesday <a href="#">Heart Challenge Day 3</a>	Thursday <a href="#">Heart Challenge Day 4</a>	Friday <a href="#">Heart Challenge Day 5</a>
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- You can use this document to log your physical activity: [ACTIVITY LOG](#) you can make a copy of this document to log your personal activity.

The CDC recommends that children and adolescents ages 6-17 years of age get 60 minutes or more of moderate to vigorous physical activity daily. **We are offering opportunities to help you reach that guideline; however, please make decisions that best fit your family and child.**

Excelsior: Mrs. Abbott, [mabbott@linnmar.k12.ia.us](mailto:mabbott@linnmar.k12.ia.us)

Oak Ridge: Mrs. Gahring, [ngahring@linnmar.k12.ia.us](mailto:ngahring@linnmar.k12.ia.us)      Mr. Lehman, [jlehman@linnmar.k12.ia.us](mailto:jlehman@linnmar.k12.ia.us)

Ms. Ray, [aray@linnmar.k12.ia.us](mailto:aray@linnmar.k12.ia.us)



# Health

## Nutrition Unit Week 3

- *Vitamins, Minerals, and Response Sheet*

\*\*\*Please go to your teacher's [Google Classroom](#) for more information, activities, and assignments.

Mr. Nate Frangella      [nfrangella@linnmar.k12.ia.us](mailto:nfrangella@linnmar.k12.ia.us)

Mrs. Nikki Gahring      [ngahring@linnmar.k12.ia.us](mailto:ngahring@linnmar.k12.ia.us)

Mr. Jay Lehman      [jlehman@linnmar.k12.ia.us](mailto:jlehman@linnmar.k12.ia.us)

Ms. Amanda Ray      [aray@linnmar.k12.ia.us](mailto:aray@linnmar.k12.ia.us)

# Quarter Classes- FCS

## Human Development Activity 3

This learning opportunity focuses on Children ages 0-5 years in regard to their Human Development  
*Please click on the link for your teachers [Google Classroom](#):*

### ***Any questions or concerns contact:***

Miss McDonald: [charlotte.mcdonald@linnmar.k12.ia.us](mailto:charlotte.mcdonald@linnmar.k12.ia.us) Oakridge

Mrs. Kreutner: [mkreutner@linnmar.k12.ia.us](mailto:mkreutner@linnmar.k12.ia.us) Excelsior

Miss you! After you get done with your school work, go outside and play!

# Quarter Classes- *Art*



Check out Flipgrid and send your images to us  
Mr. Hynek [chynek@linnmar.k12.ia.us](mailto:chynek@linnmar.k12.ia.us) or  
Mrs. Patel [lpatel@linnmar.k12.ia.us](mailto:lpatel@linnmar.k12.ia.us)

<https://flipgrid.com/7thgradeartexor>

# Quarter Classes- *Medical Detectives*

**Please go to:** <https://classroom.google.com/> to access the work for this week.

**Topic:** Our academic focus this week will be on diagnosing patients. You will receive medical files, analyze the files for important symptoms and clues, and then diagnose the patient from the disease dictionary list from last week. After diagnosing the patient you will write up how you determined what they had. Please turn in any assignments for feedback.

## **Contacts:**

**Excelsior-** [scott.wynkoop@linnmar.k12.ia.us](mailto:scott.wynkoop@linnmar.k12.ia.us), Office Hours M-F 10:00-11:00

**Oak Ridge-** [mgapstur@linnmar.k12.ia.us](mailto:mgapstur@linnmar.k12.ia.us), Office Hours: M-F 1:30-2:30

# Quarter Classes- *Design & Modeling*

We are going to continue using Tinkercad.

You will need to join Mr. Pierson's [Google Classroom](#) to get this weeks instructions on creating your projects. Mr Pierson's Class code: qlgonup

Mr Gire's TinkerCad class: <https://www.tinkercad.com/joinclass/3BTJHKX8ITNP>  
(Send [Mr. Gire an e-mail](#) and me will get you your Nickname) You may also join Mr. Pierson's class to access this weeks project.

## Band

Excelsior and Oak Ridge Middle School band students should click on [this link](#) to access options.

# Vocal

**Please see your teacher's Google Classroom for this week's assignment. Assignments will be posted each Monday.**

**Singing Activities for April 27-May 1: Practice Performance Music & Submit Singing Recordings to your director!**

\*Standard MU:Pr4.3.E.8a Demonstrate understanding and application of expressive qualities in a varied repertoire of music through prepared and improvised performances.

\*Standard MU:Pr5.1.E.5a Use self reflection and peer feedback to refine individual and ensemble performances of a varied repertoire of music.

**Need help? Have questions?**

**Ms. Klein [gina.klein@linnmar.k12.ia.us](mailto:gina.klein@linnmar.k12.ia.us)**

**Mrs. Luedeman [wloedeman@linnmar.k12.ia.us](mailto:wloedeman@linnmar.k12.ia.us)**

**We will always be available to help every day from 2:00-3:00 PM.**

**Don't hesitate to email us! :)**

# Orchestra

Choose at least one of the following options to practice this week. If you'd like feedback, submit a video or recording through Flipgrid or SmartMusic to your teacher by Friday. See your teacher's website for further details.

1. An orchestra piece from class.
2. A piece you were working on in your lessons.
3. A scale you were working on at school.

Excelsior: [7th EX Orchestra Resources](#)

Oak Ridge: <https://sites.google.com/a/linnmar.k12.ia.us/ormusic/home/orchestra>



# ELL

Please check our [Google Classroom](#) to submit and share your work!

ELP Standard 6-8.5 -- conduct research and evaluate and communicate findings to answer questions or solve problems

April 27th - May1st				
Monday	Tuesday	Wednesday	Thursday	Friday
Watch this <a href="#">short video</a> on what your research project will be this week.	Choose your topic to research and find two resources. <a href="#">Google Classroom</a>	Take notes on your topic.  <a href="#">Google Classroom</a>	<a href="#">Go to flipgrid and record why you chose your topic, and two interesting facts about your topic.</a>	Now put all your notes into a paragraph!  <a href="#">Google Classroom</a>

**Contact information:** [brianne.arnold@linnmar.k12.ia.us](mailto:brianne.arnold@linnmar.k12.ia.us)

**Office Hours:** 9:00-10:00 and 2:00-3:00

**Make sure to check your email!**

# School Counseling

Your counselors are available to help!

- Counseling Department Resources- click [here](#)
- Office hours will vary based on student needs. E-mail or call with requests.

\*\* Counselors will not have access to their phones but they can check voicemail remotely.

## EX counselors:

Mike Shipley	Student Assistance	319-447-3152 (leave voicemail)	<a href="mailto:mshipley@linnmar.k12.ia.us">mshipley@linnmar.k12.ia.us</a>
Lindsey Starmer	6th grade	319-447-3254 (leave voicemail)	<a href="mailto:lstarmer@linnmar.k12.ia.us">lstarmer@linnmar.k12.ia.us</a>
Margaret Buonadonna	7th Grade	319-447-3138 (leave voicemail)	<a href="mailto:m Buonadonna@linnmar.k12.ia.us">m Buonadonna@linnmar.k12.ia.us</a>
Erin Gorman	8th grade	319-447-3131(leave voicemail)	<a href="mailto:egorman@linnmar.k12.ia.us">egorman@linnmar.k12.ia.us</a>

## OR Counselors:

Jessica Deahl	Student Assistance	319-730-3559 (leave voicemail)	<a href="mailto:jdeahl@linnmar.k12.ia.us">jdeahl@linnmar.k12.ia.us</a>
Victoria Wanda	6A & 8th grade	319-447-3440 (leave voicemail)	<a href="mailto:vwanda@linnmar.k12.ia.us">vwanda@linnmar.k12.ia.us</a>
Kim Woods	6B & 7th grade	319-447-3409 (leave voicemail)	<a href="mailto:kwoods@linnmar.k12.ia.us">kwoods@linnmar.k12.ia.us</a>

If you are a student or the parent/guardian of a student who is experiencing a mental health crisis, such as self-harm, suicidal thoughts or actions, please call the Foundation 2 Crisis Line at (319) 362-2174 or 1-800-332-4224.

**If the mental health crisis is causing a medical emergency, please dial 911 immediately.**

Please dial 211 to be connected to a network of resources and services in Iowa.

Also available:  
Katie Smith- Family Resource Specialist  
319-730-3633 (leave voicemail)  
[katie.smith@linnmar.k12.ia.us](mailto:katie.smith@linnmar.k12.ia.us)

# Library

The Destiny homepage for the library has many resources that may be helpful for students, including links to the Grant Wood Online Resources. In addition, students will be able to check out e-materials through Destiny using their network username and password.

Mrs. Kraus (OR) can be reached at [skraus@linnmar.k12.ia.us](mailto:skraus@linnmar.k12.ia.us)

Mrs. Hart (EX) can be reached at [khart@linnmar.k12.ia.us](mailto:khart@linnmar.k12.ia.us)