

# Linn-Mar Middle Schools Voluntary Instruction

May 11-15

7th Grade

# 7th Grade Announcements:

- **Attention 7th graders!** It is time to sign up for your 8th grade foreign language class. You and your parent were sent a link on Friday which you should use to register for your preferred language class. Make sure that you **pay attention to the powerpoint** that was sent with the link. **Registration is due on Friday, May 22.**

Please contact Mrs. Gorman (EX) or Mrs. Woods (OR) with any questions.

# Math- *Pre Algebra*

*Algebra students, please check with your teacher*

Standard: Pythagorean Theorem

Lesson 9.5 (Using the Distance Formula to find the distance between two points)

1. View Videos
2. Read through Know-it-Notebook Sheets
3. Read through Review for Mastery
4. Complete Worksheet A

See teacher [Google Classrooms](#)/[Microsoft Teams](#) pages for worksheets, videos, etc.

# Math- *Pre Algebra A*

*Algebra students, please check with your teacher*

Standard: Solve Multi-Step Equations and Inequalities

Lesson 11.5 Activities (Solving Inequalities by Adding and Subtracting):

1. View Videos
2. Read through Know-it-Notebook Sheets
3. Read through Review for Mastery
4. Complete Worksheet A

See teacher [Google Classrooms](#)/[Microsoft Teams](#) pages for worksheets, videos, etc.

# Reading and Language Arts

## Standards of Focus

RI.7.2: Determine and analyze central ideas of a text

W.7.1: Write arguments to support claims.

**Complete three activities from the literacy choice board! Please send any responses to your reading or language arts teacher so that we can see the hard work you've done. Choose at least **one activity** from each **color**!**

## **This week's literacy choice board**

Please check Google Classroom for messages and more specific directions from your teachers. Email us with any questions!

### **Oak Ridge Teachers**

Christy Good- [cgood@linnmar.k12.ia.us](mailto:cgood@linnmar.k12.ia.us)

Brittney Hagmeier- [bhagmeier@linnmar.k12.ia.us](mailto:bhagmeier@linnmar.k12.ia.us)

Ryan Shaffer- [rshaffer@linnmar.k12.ia.us](mailto:rshaffer@linnmar.k12.ia.us)

[kathleen.gaffney@linnmar.k12.ia.us](mailto:kathleen.gaffney@linnmar.k12.ia.us)

### **Excelsior Teachers**

Emily Burmeister- [eburmeister@linnmar.k12.ia.us](mailto:eburmeister@linnmar.k12.ia.us)

Lana Cronk- [lcronk@linnmar.k12.ia.us](mailto:lcronk@linnmar.k12.ia.us)

Katie Gaffney-

Dana Bekebrede- [dana.bekebrede@linnmar.k12.ia.us](mailto:dana.bekebrede@linnmar.k12.ia.us)

# TAG Literacy

Hi TAG Students!

This week we will complete Part 2 of Point of View using the MVP to summarize the same “choice” articles from last week.

Please see [Google Classroom](#) for this week’s assignments.

Questions? We would love to help you! Email us!

[marikaye.travis@linnmar.k12.ia.us](mailto:marikaye.travis@linnmar.k12.ia.us) (Excelsior)

[JBrase@linnmar.k12.ia.us](mailto:JBrase@linnmar.k12.ia.us) (Oak Ridge)

# Science

## Theme for the Week: Scaling the Solar System & Gravity

Please email your teacher if you have any questions:

Natalie Peyton: [natalie.peyton@linnmar.k12.ia.us](mailto:natalie.peyton@linnmar.k12.ia.us)

Courtney Bortle: [cbortle@linnmar.k12.ia.us](mailto:cbortle@linnmar.k12.ia.us)

Hannah Byrkeland: [hannah.byrkeland@linnmar.k12.ia.us](mailto:hannah.byrkeland@linnmar.k12.ia.us)

Andy Strottman: [astrottman@linnmar.k12.ia.us](mailto:astrottman@linnmar.k12.ia.us)

Matt Gasper: [mgasper@linnmar.k12.ia.us](mailto:mgasper@linnmar.k12.ia.us)

### **Oak Ridge:**

See [Google Classroom](#)

### **Excelsior:**

[Link to Tic-Tac-Toe](#)

# Social Studies

**Standard: SS.7.13 Identify social, political, and economic factors that can influence our thoughts and behavior**

Please see your teacher's [Google Classroom](#) for this week's assignment. Assignments will be posted each Monday by noon.

Please email us with any questions

Beth Goldberg [bgoldberg@linnmar.k12.ia.us](mailto:bgoldberg@linnmar.k12.ia.us)

Chad Gerdes [cgerdes@linnmar.k12.ia.us](mailto:cgerdes@linnmar.k12.ia.us)

Alex Hajek [ahajek@linnmar.k12.ia.us](mailto:ahajek@linnmar.k12.ia.us)

Josh Battern [jbattern@linnmar.k12.ia.us](mailto:jbattern@linnmar.k12.ia.us)

Hannah Byrkeland [hannah.byrkeland@linnmar.k12.ia.us](mailto:hannah.byrkeland@linnmar.k12.ia.us)

**This week students will read an article that will describes and predicts how Covid-19 will change the world. There is a reading and an organizer provided on Google Classroom.**



# PE

<p><u>MONDAY</u></p> <p><u>PLYOMETRIC WORKOUT</u></p> <p>(1)</p>	<p><u>TUESDAY</u></p> <p>Get outside and ride your bike, go for a walk or a jog. Practice social distancing.</p>	<p><u>WEDNESDAY</u></p> <p><u>PLYOMETRIC WORKOUT</u></p> <p>(1)</p>	<p><u>THURSDAY</u></p> <p>Get outside and ride your bike, go for a walk or a jog. Practice social distancing.</p>	<p><u>FRIDAY</u></p> <p><u>PLYOMETRIC WORKOUT</u></p> <p>(1)</p>
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- You can use this document to log your physical activity if you choose: [ACTIVITY LOG](#) you can make a copy of this document to log your personal activity.

The CDC recommends that children and adolescents ages 6-17 years of age get 60 minutes or more of moderate to vigorous physical activity daily. [We are offering opportunities to help you reach that guideline; however, please make decisions that best fit your family and child.](#)

Excelsior: Mrs. Abbott, [mabbott@linnmar.k12.ia.us](mailto:mabbott@linnmar.k12.ia.us)

Oak Ridge: Mrs. Gahring, [ngahring@linnmar.k12.ia.us](mailto:ngahring@linnmar.k12.ia.us) Mr. Lehman, [jlehman@linnmar.k12.ia.us](mailto:jlehman@linnmar.k12.ia.us)

Ms. Ray, [aray@linnmar.k12.ia.us](mailto:aray@linnmar.k12.ia.us)

# Health

## Human Relations Unit

- *Healthy Relationships Wheel and Power/Control Wheel*

\*\*\*Please go to your teacher's [Google Classroom](#) for more information, activities, and assignments.

Mr. Nate Frangella      [nfrangella@linnmar.k12.ia.us](mailto:nfrangella@linnmar.k12.ia.us)

Mrs. Nikki Gahring      [ngahring@linnmar.k12.ia.us](mailto:ngahring@linnmar.k12.ia.us)

Mr. Jay Lehman      [jlehman@linnmar.k12.ia.us](mailto:jlehman@linnmar.k12.ia.us)

Ms. Amanda Ray      [aray@linnmar.k12.ia.us](mailto:aray@linnmar.k12.ia.us)

# Quarter Classes- FCS

## Culinary Arts - Lesson #1

This learning activity focuses on the art of cooking, better known as Culinary Arts. You will have the opportunity to explore cooking, writing a recipe, learning a variety of cooking methods, and spices found in your kitchen. *To access learning opportunities for this unit please click on the link for your teacher's [Google Classroom](#)*

***Any questions or concerns contact:***

Miss McDonald: [charlotte.mcdonald@linnmar.k12.ia.us](mailto:charlotte.mcdonald@linnmar.k12.ia.us) Oakridge

Mrs. Kreutner: [mkreutner@linnmar.k12.ia.us](mailto:mkreutner@linnmar.k12.ia.us) Excelsior

**Keep being awesome!**

# Quarter Classes- *Art*



Welcome to 7th Grade Art

Check out the **Flipgrid** activities for this week

<https://flipgrid.com/7thgradeartexor>

Mrs. Patel and Mr. Hynek

Share your work with us at [lpatel@linnmar.k12.ia.us](mailto:lpatel@linnmar.k12.ia.us) or [chynek@linnmar.k12.ia.us](mailto:chynek@linnmar.k12.ia.us)

# Quarter Classes- *Medical Detectives*

**Please go to:** <https://classroom.google.com/> to access the work for this week.

**Topic:** Our academic focus this week will be learning about the structures in the brain and their various functions. Please turn in any assignments for feedback.

## **Contacts:**

**Excelsior-** [scott.wynkoop@linnmar.k12.ia.us](mailto:scott.wynkoop@linnmar.k12.ia.us), Office Hours M-F 10:00-11:00

**Oak Ridge-** [mgapstur@linnmar.k12.ia.us](mailto:mgapstur@linnmar.k12.ia.us), Office Hours: M-F 1:30-2:30

# Quarter Classes- *Design & Modeling*

We are going to continue using Tinkercad as well as Fantastic Contraption

You will need to join Mr. Pierson's [Google Classroom](#) to get this weeks instructions on creating your projects. Mr Pierson's Class code: qlgonup

Mr Gire's TinkerCad class: <https://www.tinkercad.com/joinclass/3BTJHKX8ITNP>  
(Send [Mr. Gire an e-mail](#) and me will get you your Nickname) You may also join Mr. Pierson's class to access this weeks project.

## Band

Excelsior and Oak Ridge Middle School band students should click on [this link](#) to access options.

*Objective: Continue to practice and improve upon lesson book and other material.*

# Vocal

**Please see your teacher's Google Classroom for this week's assignment. Assignments will be posted each Monday.**

## Activities for May 11-15: Focusing on Music Theory

MU:Pr6.1.E.8a Demonstrate attention to technical accuracy and expressive qualities in prepared and improvised performances of a varied repertoire of music.

**Need help? Have questions?**

**Ms. Klein [gina.klein@linnmar.k12.ia.us](mailto:gina.klein@linnmar.k12.ia.us)**

**Mrs. Luedeman [wloedeman@linnmar.k12.ia.us](mailto:wloedeman@linnmar.k12.ia.us)**

**We will always be available to help every day from 2:00-3:00 PM.**

**Don't hesitate to email us! :)**



# Orchestra

Choose at least one of the following options to practice this week. If you'd like feedback, submit a video or recording through Flipgrid or SmartMusic to your teacher by Friday. See your teacher's website for further details.

1. An orchestra piece from class.
2. A piece you were working on in your lessons.
3. A scale you were working on at school.

Excelsior: [7th EX Orchestra Resources](#)

Oak Ridge: <https://sites.google.com/a/linnmar.k12.ia.us/ormusic/home/orchestra>

# ELL

Please check our [Google Classroom](#) to submit and share your work!

ELP Standard 6-8.1 -- construct meaning from oral presentations and literary and informational text through grade appropriate listening and reading

May 11th - May 15th				
Monday	Tuesday	Wednesday	Thursday	Friday
Watch this <a href="#">short video</a> for a reminder of theme.	Play Theme Jeopardy! (click No Teams, instructions at top of page) <a href="#">Game</a>	Remember when we watched The Lion King? Do this <a href="#">FlipGrid</a> and tell me the theme of the Lion King.	Read <a href="#">Seventh Grade</a> by Gary Soto	Find the theme of the story. Write one paragraph with examples of evidence. <a href="#">Google Classroom</a>

Contact information: [brianne.arnold@linmar.k12.ia.us](mailto:brianne.arnold@linmar.k12.ia.us)

Office Hours: 9:00-10:00 and 2:00-3:00

**Make sure to check your email!**

# School Counseling

Your counselors are available to help!

- Counseling Department Resources- click [here](#)
- Office hours will vary based on student needs. E-mail or call with requests.

\*\* Counselors will not have access to their phones but they can check voicemail remotely.

## EX counselors:

Mike Shipley	Student Assistance	319-447-3152 (leave voicemail)	<a href="mailto:mshipley@linnmar.k12.ia.us">mshipley@linnmar.k12.ia.us</a>
Lindsey Starmer	6th grade	319-447-3254 (leave voicemail)	<a href="mailto:lstarmer@linnmar.k12.ia.us">lstarmer@linnmar.k12.ia.us</a>
Margaret Buonadonna	7th Grade	319-447-3138 (leave voicemail)	<a href="mailto:mbuonadonna@linnmar.k12.ia.us">mbuonadonna@linnmar.k12.ia.us</a>
Erin Gorman	8th grade	319-447-3131(leave voicemail)	<a href="mailto:egorman@linnmar.k12.ia.us">egorman@linnmar.k12.ia.us</a>

## OR Counselors:

Jessica Deahl	Student Assistance	319-730-3559 (leave voicemail)	<a href="mailto:jdeahl@linnmar.k12.ia.us">jdeahl@linnmar.k12.ia.us</a>
Victoria Wanda	6A & 8th grade	319-447-3440 (leave voicemail)	<a href="mailto:vwanda@linnmar.k12.ia.us">vwanda@linnmar.k12.ia.us</a>
Kim Woods	6B & 7th grade	319-447-3409 (leave voicemail)	<a href="mailto:kwoods@linnmar.k12.ia.us">kwoods@linnmar.k12.ia.us</a>

If you are a student or the parent/guardian of a student who is experiencing a mental health crisis, such as self-harm, suicidal thoughts or actions, please call the Foundation 2 Crisis Line at (319) 362-2174 or 1-800-332-4224.

**If the mental health crisis is causing a medical emergency, please dial 911 immediately.**

Please dial 211 to be connected to a network of resources and services in Iowa.

Also available:  
Katie Smith- Family Resource Specialist  
319-730-3633 (leave voicemail)  
[katie.smith@linnmar.k12.ia.us](mailto:katie.smith@linnmar.k12.ia.us)

# Library

The Destiny homepage for the library has many resources that may be helpful for students, including links to the Grant Wood Online Resources. In addition, students will be able to check out e-materials through Destiny using their network username and password.

Mrs. Kraus (OR) can be reached at [skraus@linnmar.k12.ia.us](mailto:skraus@linnmar.k12.ia.us)

Mrs. Hart (EX) can be reached at [khart@linnmar.k12.ia.us](mailto:khart@linnmar.k12.ia.us)