

LINN COUNTY SERVICE PROVIDERS

Name & Location	Phone	Days/Hours	Services Provided
INDIVIDUAL AND FAMILY HOUSING			
Cedar Rapids Housing Services 101 1st Street SE Cedar Rapids, IA 52401	319-286-5872	Monday - Friday 8 AM - 5 PM	Section 8 Rental Assistance Program provides monthly rent subsidy for eligible individuals and families. Housing Rehabilitation: Financial assistance to home owner and landlords for emergency rehabilitation to property; lead hazard control, grant program and home ownership, down payment assistance program. Must apply. www.cedar-rapids.org
HACAP Permanent Housing PO Box 490 Hiawatha, IA 52233	319-366-7631	Monday – Friday 8 AM - 5 PM	Permanent housing for individuals/families. (Housing program available specifically for veterans). www.hacap.org
Iowa Legal Aid 317 7th Avenue SE, Suite 404 Cedar Rapids, IA 52401-2007	319-364-6108 800-532-1275	Applications taken daily by phone during office hours: 9 AM - 11 AM & 1:30 PM - 3:30 PM, except Thursdays Emergency applications taken anytime between 8:30 AM - 4:30 PM Interpreters available	Iowa Legal Aid provides free legal assistance with many types of landlord-tenant legal problems, including evictions, deposit problems, utility shut-offs, and mobile home park problems. Iowa Legal Aid may be able to help with Family Law, Domestic Violence, Social Security and SSI matters. Applicants must fall within income and asset guidelines. www.iowalegalaid.org
CLOTHING AND HOUSEHOLD ITEMS			
Olivet Clothes Closet 230 10th Street NW Cedar Rapids, IA 52405	319-364-7946	Tuesday - Friday 8:30 AM - 11:30 AM Saturday 9 AM - 11:30 AM	Food pantry, variety of clothing and household items available. www.olivetmission.org

<p>Goodwill of the Heartland 2000 Scotty Drive SW Cedar Rapids, IA 52404 5520 Council Street NE Cedar Rapids, IA 52402 2405 Mt. Vernon Road SE Cedar Rapids, IA 52403 3202 7th Avenue Marion, IA 52302</p>	<p>319-739-5044 319-739-5055 319-739-5080 319-739-5045</p>	<p>Monday - Friday 9 AM - 9 PM Saturday 9 AM - 8 PM & Sunday 10 AM - 5 PM</p>	<p>A variety of used clothing & household items at reasonable prices. www.goodwillheartland.org</p>
<p>Mission of Hope 1700 B Avenue NE Cedar Rapids, IA 52402</p>	<p>319-365-1782</p>	<p>Food Pantry: Monday - Friday 9 AM - 3 PM</p>	<p>Hot meals served Monday through Friday from 12:00 PM to 1:00 PM. www.missionofhopecr.org</p>
<p>The Salvation Army Thrift Stores 5824 Council Street NE Cedar Rapids, IA 52402</p>	<p>319-294-6775</p>	<p>Monday - Saturday 9 AM - 9 PM Closed on Sundays</p>	<p>A variety of used clothing & household items at reasonable prices.</p>
<p>Waypoint's Day Resource Center 318 5th Street SE Cedar Rapids, IA 52401</p>	<p>319-365-7207 319-366-7999</p>	<p>Monday - Friday 9 AM - 5 PM</p>	<p>Centralized intake drop-in program for shelter and housing resources. A warming and cooling site during summer and winter. Emergency food items if available. www.waypointservices.org</p>
DOMESTIC & FAMILY VIOLENCE COUNSELING			
<p>Horizons – A Family Service Alliance: Child Witness to Violence 819 5th Street SE Cedar Rapids, IA 52401</p>	<p>319-398-3943</p>	<p>Monday through Friday 8 AM to 5 PM</p>	<p>Counseling for children and families. Consumer credit counseling, early ACCESS, family outreach and support. Meals on Wheels. Survivors program.</p>
<p>Waypoint Domestic Violence Program 318 5th Street SE* Cedar Rapids, IA 52401 *Office location</p>	<p>Business: 319-365-1458 24-hour Crisis & Support & Support 319-363-2093 or 800-208-0388</p>	<p>Monday - Friday 8 AM - 5 PM 24-hour Crisis & Support Line, emergency medical advocacy or legal system advocacy</p>	<p>Waypoint provides support services to help victims and their families deal with the trauma of domestic violence, including individual and group counseling, support for youth and families, teen support, and advocacy within the medical, legal and social service systems. All domestic violence services are free and confidential. The Cedar Rapids office serves residents from Linn, Jones and Benton Counties.</p>

FINANCIAL COUNSELING

<p>Horizons, A Family Service Alliance: Credit & Financial Counseling 819 5th Street SE Cedar Rapids, IA 52401</p>	<p>319-398-3576</p>	<p>Monday - Friday 8 AM - 5 PM Call first for an appointment.</p>	<p>FINANCIAL COUNSELING AND COACHING: Assistance with resolving and preventing financial, credit and housing problems, goal setting and planning/building. CONSUMER EDUCATION: Classes and workshops on financially related topics. REPRESENTATIVE PAYEE: For consumers who are required to have a payee in order to receive Social Security benefits. CREDIT RESTORATION: Review of credit report and assistance with rebuilding and improving credit score. HOME OWNERSHIP: Pre-purchase, post-purchase and foreclosure prevention.</p>
<p>Financial Counseling Center 4403 1ST Avenue SE, Ste. 411 Cedar Rapids, IA 52402</p>	<p>319-373-8297</p>	<p>Tuesday , 9:30 AM - 4 PM Wednesday - Friday 9:30 AM - 5:30 PM</p>	<p>Financial Counseling Center is a full service provider for those individuals that are in need of budget or money management improvement. We have services we teach you how to take care of those nagging credit card payments and teach you how to manage your entire household budget. We give the instruction but it is up to you! You then contract with us. This contract is not binding, if you stay on the program more than six months. Regulated by the Iowa State Banking Commission. Consultation is free for the elderly or disabled. Tax assistance available.</p>
<p>Iowa Mortgage Help Hotline</p>	<p>877-622-4866</p>	<p>Monday – Thursday 9 AM - 5 PM Friday, 9 AM - 12 PM</p>	<p>Works with borrowers with any type of mortgage issue, including foreclosure. Free service. www.iowamortgagehelp.com</p>

GENERAL COUNSELING

<p>Covenant Family Solutions 1655 Blairs Ferry Road Marion, IA 52302</p>	<p>319-261-2292</p>	<p>Monday, Tuesday, Friday, 9 AM - 6 PM Thursday, 11 AM - 8 PM</p>	<p>Provides individual, couples, and family counseling. Specialties include play therapy, depression, anxiety, and grief/loss, adjustment to medical concerns, addictions, and trauma. Accepted insurances: Wellmark BC/BS, Midland's Choice, Healthsmart, Coventry, Sigma, and several others. Also accepts Medicaid. Sliding fee scale. Online scheduling. www.covenantfamilysolutions.com</p>
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Foundation 2 Crisis Center 1540 2nd Avenue SE Cedar Rapids, IA 52403	319-362-2174 or 800-332-4224	Phone answered 24 hours a day.	24-hour crisis counseling & referrals. Depression and Anxiety Support Group. Youth and Adult Suicide Survivors Support Group.
Horizons – A Family Service Alliance 819 5th Street SE Cedar Rapids, IA 52401	319-398-3943 877-653-3123	Monday - Friday 8 AM - 5 PM	Service for individuals, couples, family, children and adults.
MENTAL HEALTH COUNSELING			
Abbe Center for Community Mental Health 520 11th Street NW Cedar Rapids, IA 52405	319-398-3562	Monday, Tuesday & Thursday 8 AM - 6 PM Wednesday, 8 AM - 8 PM Friday, 8 AM - 4 PM	Provide outpatient mental health services for children, adolescents, families and adults. Services include assessments/evaluations, therapy, medication management, crisis/emergency services as well as community consultation/education. www.abbe.org
Crisis & Assessment Services Mercy Medical Center 701 10th Street SE Cedar Rapids, IA 52403	319-398-6476	24 hours per day, 7 days per week	A mental health access program to provide information, referral, assessment, admission, insurance verification and easy access to mental health issues both public and private. Outpatient services available. Accepts crisis calls.
HOPE Homeless Outreach Program (Abbe) 520 11th Street NW Cedar Rapids, IA 52405	319-398-3562	Monday - Friday, by appointment only	Homeless outreach effort. Identifies and delivers mental health services to the homeless and serious mental illness. Works from referrals from the police, visits shelters, provides emergency services and identifies people who need help.
Mercy Family Counseling 1340 Blairs Ferry Rd, Ste. A Hiawatha, IA 52233	319-398-6575	Monday - Friday, 8 AM - 4:30 PM	Provides services that address a whole range of individual, couple, and family issues. Families who have concerns about their child's behavior, emotional, attention or learning difficulties may seek help at Mercy Family Counseling. Counseling services for adults address marital and family difficulties, anxiety, depression, grief and adjustment to illness issues. Testing for all ages is available to evaluate personality, learning and neurobehavioral concerns.
Mercy Medical Behavioral Services 701 10th Street SE Cedar Rapids, IA 52403	319-398-6553	24 hours a day, seven days a week	24 hours a day, seven days a week

National Suicide Prevention Lifeline	800-273-8255 (TALK)	24 hours a day.	24-hour suicide prevention hotline.
St. Luke's Family Counseling Center St. Luke's Children's Campus 1077 North Center Point Rd Hiawatha, IA 52233	319-369-7952	Monday - Thursday, 8 AM - 5 PM Friday, 8 AM - 4 PM	Marital, family and individual counseling
Tanager Place Mental Health Clinic 1030 5th Avenue SE Cedar Rapids, IA 52403	319-286-4545	Monday, Tuesday & Thursday 8 AM - 7 PM Wednesday, 8 AM - 6 PM Friday, 8 AM - 4:30 PM	Tanager Place's Mental Health Clinic provides comprehensive outpatient mental health services to children, adolescents and families. Professional staff offer medication management, individual and family therapy, play therapy, music therapy and applied behavior analysis for children with an autism spectrum disorder. Individualized care and specific treatment goals are established for all patients. www.tanagerplace.org
SUBSTANCE ABUSE COUNSELING			
Alcoholics Anonymous	319-365-5955 888-425-4266	24 hours per day.	Call for information on AA and al-anon meetings in Cedar Rapids area. www.al-anonlateen.org or www.aa-cedarrapids.org
Iowa Substance Abuse Information Center	1-866-242-4111	Phones answered 24/7	Educational materials available. Referrals to treatment centers. Media resources. Training center. Behavioral health employer listing statewide database. www.drugfreeinfo.org
FUNDING			
Iowa Department of Human Services 411 3rd Street SE Cedar Rapids, IA 52401	319-892-6700	Monday - Friday 8 AM - 4:30 PM	Public system of mental health and disabilities care in Iowa, which provides a safety net for the uninsured or those who do not have commercial health insurance benefits coverage to meet their needs.
Mental Health Developmental Disabilities (MHDS) Services of the East Central Region 1240 26th Avenue Court SW Cedar Rapids, IA 52404	319-892-5671	Monday - Friday 8 AM - 4:30 PM	Provides funding for mental health and developmental disability services. Persons that cannot afford to pay for treatment, supported living or job training may be able to receive assistance and some medications from MHDS.

ADVOCACY & INFORMATION

<p>Disability Rights Iowa 400 East Court Avenue, Ste 300 Des Moines, IA 50309</p>	<p>800-779-2502 or 515-278-2502</p>	<p>Monday-Friday 8 AM - 5 PM Intake hours: Monday - Friday 9 AM - 12 PM</p>	<p>Protects the human and legal rights of all persons with disabilities in Iowa.</p>
<p>Iowa Advocates for Mental Health Recovery 3315 Williams Blvd SW, Ste 2 Cedar Rapids, IA 52404</p>	<p>877- IAHOPE4U or 877-424-6734</p>	<p>Monday - Friday 9 AM - 5 PM</p>	<p>Provides mental health consumers (including those with co-occurring disorders) throughout Iowa with advocacy and referral services. Also provides consumers an opportunity to express input into the process of creating change in both the mental health system and the development of services that support recovery, peer support and wellness. www.iarecovery.org</p>
<p>Iowa Compass & Iowa Program for Assistive Technology 100 Hawkins Drive, #S295 Iowa City, IA 52242</p>	<p>800-779-2001 or 877-686-0032 (TTY)</p>	<p>Monday – Friday 8 AM - 5 PM</p>	<p>Specialized information and referral services for persons with disabilities and their support networks. Can provide referrals for local, state, and national resources and services. Can search for assistive technology products and funding. Also has a used equipment referral listing. www.iowacompass.org. E-mail: iowa-compass@uiowa.edu</p>
<p>NAMI (NO OFFICE) PO Box 945 Cedar Rapids, IA 52406-0945</p>	<p>319-221-1184</p>	<p>Monday – Friday 8 AM - 8 PM Contact & leave a message</p>	<p>Provides peer support and advocacy through empowerment for persons with mental illness, support for family members and friends of persons with mental illness and support for parents of children and teens with Serious Emotional Disturbance. Also sponsors educational forums.</p>

OTHER SERVICES

<p>Family Educator Partnership Grant Wood Area Education Agency 4401 6th Street SW Cedar Rapids, IA 52404</p>	<p>319-399-6702 319-399-6719 800-332-8488</p>	<p>Monday - Friday 8 AM - 4:30 PM</p>	<p>Provides information for families, students (birth – 21 years of age) and those in need of other educational support on Individualized Education Plans (IEPs) and 504 Plans. www.gwaea.org</p>
<p>University of Iowa Hospital & Clinics: Center for Disabilities & Development 100 Hawkins Dr Iowa City, IA 52242</p>	<p>319-353-6900 or 877-686-0031</p>	<p>Monday - Friday 8 AM - 5 PM (Outpatient services)</p>	<p>Provides comprehensive health care and services to persons with disabilities of all ages and their families through a combination of outpatient and community-based programs. Diagnostic consultations also provided. www.uichildrens.org/cdd</p>

FAMILY

<p>Four Oaks 1924 D Street SW Cedar Rapids, Iowa 52404</p>	<p>319-363-0636</p>	<p>8 AM - 6 PM</p>	<p>Behavioral Health Intervention Services (BHIS), Family Safety Risk & Permanency (FSRP) services, Family Connections Four Oaks Foster & Adoptive Family Connections is responsible for services to foster and post adoptive families in 69 counties throughout central and eastern Iowa. These services include foster and adoptive family recruitment, retention, pre-service training, licensing, and on-going and crisis support. For more information please visit https://iowafosterandadoption.org/ Email: info@fouroaks.org</p>
<p>HACAP Marion 3405 7th Ave, Ste 100 Marion, IA 52302</p>	<p>319-447-5816</p>	<p>8 AM – 4 PM WIC: 8 AM - 4:30 PM Closed Tues Headstart: 7:30 AM - 5:30 PM</p>	<p>Marion: Head Start, Early Head Start, Family & Community Health Alliance, Food Boxes, Heating & Energy Assistance, Nutrition Information, Parenting Groups, Holiday Food Box Sign-up, WIC Clinic, Oral Health Screenings and Education. www.hacap.org</p>
<p>No kid needs to sleep on the floor of Linn County</p>	<p>319-784-7362</p>		<p>We are a 100% volunteer organization that seeks community involvement in funding, building, delivering, assembling and dressing out new, sturdy beds to kids who have no bed of their own. We service only children ages 3-17 in Linn County. http://shpbeds.org/</p>
<p>Parent Education Consortium (PEC) 383 Collins Rd NE, Ste 201 Cedar Rapids, IA. 52402</p>	<p>319-540-2426</p>	<p>Monday - Friday 8 AM - 4:30 PM Classes are available Sunday – Thursday Class times vary</p>	<p>Provider of parent education services & resources for parents of young children including classes & resources materials. Classes offered include “Parenting Young Children” classes (0-5 yrs), single, parenting, step parenting, dads & classes for parents with children with ADHD. Parenting classes are offered at varying times & a variety of locations throughout Linn County. A meal or snack is provided, & child care. No fees. www.parenteducationconsortium.com</p>
<p>Grant Wood Area Education Agency 4401 Sixth St SW Cedar Rapids, IA 52404</p>	<p>319-399-6700 OR 800-332-8488 OR TDD 319-399-6766</p>	<p>Assistance available online & by phone Monday - Friday 7:30 AM - 4:30 PM</p>	<p>AEA’s work as educational partners with local public accredited private schools to help assure that all children reach their potential. Services are provided in the following areas: Special Education, Instructional Media, School Technology, Instructional Services, Professional</p>

			<p>Development, Leadership, School-Community Planning, and Multicultural, Gender-Fair. www.aea10.k12.ia.us</p> <p>Programs & Services http://www.aea10.k12.ia.us/services/index.html Online Resources for Students http://www.aea10.k12.ia.us/media/electronic.html Parents/Student Resources http://www.aea10.k12.ia.us/parstu.html</p>
<p>TIES Program St. Lukes Hospital 1026 A Ave NE, 2nd Floor Cedar Rapids, IA 52402</p>	319-558-4861	Monday - Thursday 8 AM - 5 PM	<p>Based on Tennessee's Regional Intervention Project, TIES is a parenting program that teaches parenting techniques to help preschoolers with challenging behaviors and their families. For children ages 18 months to 5 years.</p>
<p>For more information regarding community resources, contact United Way 2-1-1 on a landline telephone at 2-1-1, by cellphone at 319-739-4211, or 1-866-469-2211. You may also choose to search the new United Way 2-1-1 website for resources at www.211iowa.org. To obtain a copy of the Resource Charts, go to www.linncounty.org/communityservices or contact Linn County Community Services at 319-892- 5600. For questions about the Resource Charts, contact Linn County Community Services at 319-892-5600.</p>			