



NOTE: If you develop emergency warning signs for COVID-19 get medical attention immediately.

Signs include:

- Difficulty breathing or shortness of breath
- Persistent pain or pressure in the chest
- New confusion
- Bluish lips or face

This list is not inclusive.

Please consult your medical provider for any other symptoms that are severe or concerning.

- Call school health office to report positive test
- Health associate will share with School Nurse and School Administrator
- If there is a school exposure, School Nurse & School Administrator will;
 - Notify Linn County Public Health (LCPH)
 - Identify close contacts and quarantine exposed students and staff
 - Notify appropriate individuals without identifying the COVID-19 individual
- LCPH will:
 - Recommend quarantine for all household contacts of COVID-19 case
 - Work with school to determine which students and staff should be quarantined

ISOLATION
Student who has tested positive or waiting for test results must not return to school until all 3 of these criteria have been met:

- No fever for at least 24 hours (without the use of medicine that reduces fevers).
- Other symptoms have improved. For example, when your cough or shortness of breath has improved.
- At least 10 days have passed since your symptoms first appeared.

QUARANTINE
A student who has had close contact* with a person with COVID-19 must not return to school activities or enter the school buildings until 14 days after last exposure.

During the 14 day Quarantine:

- Check temperature twice daily, monitor for symptoms of COVID every day.
- If you become ill, contact your provider and public health for guidance.
- Maintain social distance (at least 6 feet) from others at all times.

*At this time, close contact is defined as being less than 6 feet from a person with the positive case for longer than 15 minutes within 48 hours of the onset of their symptoms. This contact should be considered if it was within 48 hours of the start of the person's symptoms.

Follow up with school, as needed.

When guidelines are met and it is recommended by public health, return to school.